

**CHUKA**



**UNIVERSITY**

**UNIVERSITY EXAMINATIONS**

**EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF EARLY CHILDHOOD  
DEVELOPMENT AND EDUCATION**

**ECDE 445: GUIDANCE AND COUNSELING**

**STREAMS:**

**TIME:2 HOURS**

**DAY/DATE: THURSDAY 13/04/2023**

**8.30 A.M. –10.30 AM.**

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**INSTRUCTIONS**

- Answer question one and any other two questions

1. a) Show how these terms are related: to

- Guidance in terms of similarities
- Counselling and differences during therapy (10 marks)

b) Juma is a grade one boy who comes to you for counselling. He has been threatened to be killed by his step mother if he discloses to the biological father that she abuses him sexually. The boy is emotionally upset and comes to you having suicidal ideations. Answer these questions in relation to Juma's case.

- Which is the current presenting issue of Juma that requires your attention as a child counselor? (2 marks)
  - Describe two best counselling skills that you can use to assist Juma (6 marks)
  - Describe any four qualities that you as a counselor should portray to Juma (4 marks)
- c) Discuss the major tenets of multimodal/integrative approach and show their application in counselling (10 marks)

**QUESTION TWO (20 MARKS)**

- a) Show how the following disciplines relate with counselling:
- Psychology

- ii. Psychiatry
  - iii. Psychotherapy (9 marks)
- b) Define book therapy as used in child counselling (3 marks)
- c) Show the relevance of book therapy by citing relevant examples of books and emotional issues they address in counselling children (8 marks)

**QUESTION THREE (20 MARKS)**

- a) Evaluate critically any five methods of administering guidance and counselling services in ECDE in Kenyan schools (10 marks)
- b) Describe any two issues that the following child counselling therapies are best used for in counselling children and give a justification for each
- i. Psychoanalytic theory
  - ii. Person centered approach
  - iii. Gestalt therapy
  - iv. Narrative therapy
  - v. Neuro-linguistic programming (10 marks)

**QUESTION FOUR (20 MARKS)**

- a) Describe the roles played by the following in child therapy
- i. Counsellor
  - ii. Teacher
  - iii. Parent (12 marks)
- b) “Developmental stages in children are very key in counselling children”. Identify these stages and how a child therapist can apply them in guidance and counselling (8 marks)
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