

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF ARTS IN
PSYCHOLOGY**

REST 412: PSYCHOLOGY OF RELIGION

STREAMS: B.A PSYCHOLOGY

TIME: 2 HOURS

DAY/DATE: FRIDAY 20/12/2024

2.30 P.M – 4.30 P.M.

INSTRUCTIONS:

- Answer **all** questions in section **A** and any other **Two** in section **B**.

SECTION A

1. Explain the meaning of the two terms “Religion and Psychology” (10 marks)
2. Why is psychology described as both an art and a science. (10 marks)
3. Justify the importance of learning psychology of religion in the university. (10 marks)

SECTION B

4. a) Discuss Viktor Frankl’s concept of logotherapy and its emphasis on finding meaning in life. (10 marks)
b) How does logotherapy use religious beliefs in helping individuals’ cope with suffering? (10 marks)
 5. a) Explain the relationship between psychotherapy and religion in treating psychological issues. (10 marks)
b) How do religious beliefs factor into therapeutic practices aimed at mental health and personal development? (10 marks)
 6. Discuss the relevance of Psychoanalytical theory propounded by Sigmund Freud in understanding human development within religious contexts. (20 marks)
-