

**CHUKA**



**UNIVERSITY**

**UNIVERSITY EXAMINATIONS**

**EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF ARTS IN  
PSYCHOLOGY**

**PSYC 475: SUPERVISION IN COUNSELLING**

**STREAMS:**

**TIME:2 HOURS**

**DAY/DATE: FRIDAY 14/04/2023**

**11.30 A.M. –1.30 P.M.**

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**INSTRUCTIONS**

- Answer a total of **THREE QUESTIONS**
- **QUESTION ONE** is compulsory.
- Do not write anything on the question paper.

***Question One (30 Marks)***

- a) Giving an example for each, write explanatory notes on the following key areas of supervision: (12 marks)
- Formative
  - Normative
  - Restorative
- b) Outline four functions of supervision in counselling as given by Grant and Schofield. (8 marks)
- c) i) Expound the phrase ‘counselling supervision.’ (2 marks)
- ii) Comment on four characteristics of a counselling supervisor necessary for effective supervision. (8 marks)

***Question Two (20 marks)***

- a) Discuss the three main stages of Eagan's Client-centred Model and their relevance to counselling. (12 marks)
- b) Elaborate any four types of supervision which a counselling supervisor is likely to apply in handling a supervisee (8 marks)

***Question Three (20 marks)***

- a) Comment on any two components of counselling supervision. (3 marks)
- b) Explain the basic stages of supervision in counselling. (12 marks)

***Question Four (20 marks)***

- a) Outline five aspects of the Seven-eyed Model of supervision as posited by Dragana Djukic. (10 marks)
- b) Explain the entailment of case noted in counselling supervision. (10 marks)

***Question Five (20 marks)***

- a) Elaborate five role of a counselling supervisor in the context of professionalism and adherence to ethics. (10 marks)
  - b) Expound the following concepts of psychodynamics counselling in relationship to counselling supervision.
    - i. Enhancement of self-awareness. (5 marks)
    - ii. Fostering understanding of the client's thoughts, feelings and behaviour. (5 marks)
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