

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF
PSYCHOLOGY

PSYC 462: THEORIES OF PERSONALITY IN CLINICAL PSYCHOLOGY

STREAMS:

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 18/12/2024

2.30 P.M – 4.30 P.M

INSTRUCTIONS:

Do not write on the question paper**Answer question one and any other two****Question one**

- a. Discuss features of the positive variant of paranoid personality disorder [4 marks]
- b. Distinguish between ID, Ego and Superego [6 marks]
- c. Explain the four steps involved in social learning theory [8 marks]
- d. Illustrate the main features that identify each of the four stages of cognitive development by Piaget. [12 marks]

Question two

- a. Explain the following defense mechanisms
- i. Intellectualization [2 marks]
 - ii. Repression [2 marks]
 - iii. Displacement [2 marks]
 - iv. Denial [2 marks]
- b. Demonstrate the use of the following psychotherapies in the treatment of personality disorders
- i. Cognitive behaviour therapy [4 marks]
 - ii. Psychodynamic therapy [4 marks]
 - iii. Therapeutic community [4 marks]

Question three

- a. Explain how low levels of the personality traits of the Big Five traits theory influence a person's wellbeing [10 marks]
- b. Identify and describe how the five stages of psycho-sexual theory shape an individual's personality [10 marks]

Question four

- a. Discuss the six stages of moral development by Kohlberg. [12 marks]
- b. Describe four main characteristics for each of the following personality disorders
- i. Borderline personality disorder [4 marks]
 - ii. Narcissistic personality disorder [4 marks]
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