

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**SECOND YEAR EXAMINATION FOR THE AWARD OF DEGREE OF BACHELORS OF
HEALTH RECORDS AND INFORMATION MANAGEMENT**

HRIM 228: PRINCIPLES OF PUBLIC HEALTH

STREAMS: HRIM Y2S2

TIME:2 HOURS

DAY/DATE: THURSDAY 13/04/2023

2.30 P.M. –4.30 P.M.

INSTRUCTIONS:

1. Do not write anything on the question paper.
2. Mobile phones and any other reference materials are NOT allowed in the examination room.
3. The paper has three sections. Answer ALL questions in Sections I and II and ONE question in section III.
4. All your answers for Section I (MCQs) should be on one page.
5. Number ALL your answers and indicate the order of appearance in the space provided in the cover page of the examination answer booklet.
6. Write your answers legibly and use your time wisely

SECTION ONE (Answer ALL QUESTIONS)

1. Each SDG is supported by a set of Targets specific objectives that are associated with that Goal. How many Targets are there in total?

- A.99
- B.1,016
- C.169
- D.51

2. Dimensions of Public Health include

- A. Disease prevention
- B. Health promotion
- C. Rehabilitation

- D. All the above
3. The International Conference (Alma Ata) on Primary Healthcare was held at the former USSR capital of
- A. Waziristan
 - B. Turkistan
 - C. Afghanistan
 - D. Kazakhstan
4. _____ is barrier to community/ public participation
- A. Lack of education or information
 - B. Poverty/socioeconomic status
 - C. Cultural minorities
 - D. Negligence from government
5. A group of people living in the same place or having a particular characteristic in common is
- A. City
 - B. Community
 - C. Town
 - D. Society
6. Which of the following is the social environmental need for normal physical and mental health?
- A. Good nutrition and proper rest
 - B. Regular exercise and recreations
 - C. Work in accordance with health conditions
 - D. All the above
7. Isolation of a man with corona virus belongs to what level of prevention?
- A. Primary
 - B. Secondary
 - C. Intermediate
 - D. Tertiary
8. Herbal medicines
- A. Are prescription medicines

- B. Are easily patented
 - C. Are unregulated
 - D. Have been extensively tested
9. Education that promotes an understanding of how to maintain personal health is:
- A. Health education
 - B. Education
 - C. Learning
 - D. Community health education
10. The Sustainable Development Goals (SDGs) recognize that all countries must stimulate action in the following key areas.
- A. People, planet, prosperity, peace and partnership
 - B. People, planet, prosperity, plants and planning
 - C. People, planet, prosperity, plants and partnership
 - D. People, planet, prosperity, peace and planning

(10 marks)

SECTION TWO (Answer ALL QUESTIONS)

1. Define the following terms (4 marks)
- a) Health
 - b) Primary Health Care
 - c) Community participation
 - d) Traditional health services
2. Differentiate between (5 marks)
- a) Public Health and Community health.
 - b) Ancient views and modern views on disease causation
3. Explain the 5Ps of Public Health. (10 marks)
4. List five reasons why a Health Records and Information Management Officer should be ethical. (5 marks)
5. Elucidate the principles of Primary Healthcare. (10 marks)
6. List six ways environmental changes are affecting health. (6 marks)

(40 marks)

SECTION THREE (Answer ONLY ONE QUESTION)

1. Discuss the role of Health Records Information Officers in Primary Healthcare. (20 marks)
 2. Discuss seven categories of social determinants of health. (20 marks)
-