

CHUKA



UNIVERSITY

**UNIVERSITY EXAMINATIONS
CHUKA AND IGBEMBE CAMPUS**

EXAMINATION FOR THE AWARD OF MASTER IN EDUCATION

EPSC 832: GUIDANCE AND COUNSELING IN EDUCATION

STREAMS: MED

DAY/DATE: THURSDAY 07/08/2025

TIME:3 HOURS

2.30P.M. –5.30 P.M

INSTRUCTIONS

- Answer any three questions.
- Do not write on the question paper

1a) Define the following terms as used in Guidance and counseling course unit.

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|-----------------------------|-----------|
| i) Counselling | (2marks) |
| ii) Displacement | (2marks) |
| iii) Educational Counseling | (2marks) |
| iv) Rationalisation | (2marks) |
| v) Beneficence | (2marks) |

b) Ethical practice is central to effective guidance and counselling. Discuss in detail the key ethical principles that guide professional counselling. (10 marks)

2. a) Theoretical approaches provide the foundation for effective counselling interventions. Compare and contrast at least three major theoretical approaches used in guidance and counselling (12marks)

b) A 15-year-old student has been frequently skipping classes and shows signs of emotional withdrawal. As a school counsellor:

- Analyze the possible psychological and sociological factors contributing to the student's behavior. (4 Mark)
- Propose an intervention plan using both psychological theories and an understanding of the student's social environment. (4 marks)

3a) Sigmund Freud's structural model of personality the Id, Ego, and Superego provides a framework for understanding human behavior and personality traits. Discuss the roles of the Id, Ego, and Superego in personality development (10 marks)

b) Effective counselling relies on the application of appropriate skills and techniques to build a helping relationship and facilitate client growth. Discuss the core counselling skills and techniques that a professional counsellor should master (10 marks)

4. a) The counselling process in educational settings follows a structured sequence designed to support learners in achieving academic, personal, and social development. Discuss the stages of the counselling process as applied in an educational context (10 marks)

b) Traditional African societies had well-established systems of informal counselling long before the introduction of modern Western counselling practices. Critically examine the concept of counselling in traditional African societies. (10 marks)
