

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF SCIENCE IN
NURSING-UPGRADING**

NURU 191: FUNDAMENTALS OF NURSING PRACTICE

STREAMS:

TIME:2 HOURS

DAY/DATE: THURSDAY 13/04/2023

2.30 P.M. –4. 30 P.M.

INSTRUCTIONS:

SECTION ONE: Multiple Choice Questions (20 Marks)

1. During transfusion, a patient's body temperature increases by 2 degrees Celsius. The baseline temperature was 36.5 degrees Celsius. The patient has no other symptoms. The nurse's initial action is to

- a) Call the laboratory
- b) Disconnect the blood infusion
- c) Inform the physician
- d) Stop the transfusion

2. In the nursing process, the purpose of assessment is to:

- a. Implement Doctors' orders
- b. Comply with nursing requirements
- c. Establish a data base concerning the patient/client
- d. Ensure nursing instructions are followed

3. Which of the following is NOT an attribute of a profession?

- a. Committed to the spirit of inquiry

- b. Self directed
 - c. Concerned with quantity
 - d. Independent
4. To implement nursing care interventions the nurse must be competent in three key areas which are:
- a. Leadership anatomy and skills
 - b. Experience, advanced education and skills
 - c. Skills, leadership and function
 - d. Knowledge, function and specific skills
5. A theory is a set of concepts, definitions, relationships and assumptions that ;
- a. Explain a phenomenon
 - b. Formulate legislation
 - c. Measure nursing functions
 - d. Reflect the domain of nursing practice
6. Which is the most basic need according to Maslow's hierarchy of human needs?
- a. Physical and psychological
 - b. Love and belonging
 - c. Physiological needs
 - d. The need for self-actualization
7. After redressing a patient's wound, nurse plans to administer a medication to the patient. The correct infection control procedure is?
- a) Leave the gloves on to administer the medication
 - b) Remove gloves and administer the medication
 - c) Remove gloves and perform hand hygiene before administering the medication
 - d) Leave the medication on the bedside table to avoid having to remove gloves before leaving the patient's room
8. How can you best prevent patients being readmitted to hospital?
- a) Ensure discharge checklist are completed on the day of discharge
 - b) Ensure patients understand their diagnosis.

- c) Ensure patients visit the outpatient clinic after discharge from hospital for follow up.
- d) Ensure patients are happy to be discharged from hospital

9. The founder of modern nursing is :

- a. Dorothea Orem
- b. Jean Watson
- c. Florence Nightngale
- d. Callista Roy

10. Nursing has a code of ethics that registered nurses follow and ;

- a. Improves self-health care
- b. Defines the principles by which nurses provide care to their clients
- c. Ensures identical care to all clients
- d. Protects clients from harm

11. A patient who has just been diagnosed with terminal illness states “no this cannot happen to me? The patient is in what stage of Kubler-Ross’s phases of death and dying?

- a) Denial
- b) Anger
- c) Bargaining
- d) Depression

12. When administering a sustained-release capsule a patient,

- a) Ask the prescriber to change the order
- b) Crush the pill with mortar and pestle
- c) Swallow the capsule whole together with solid food
- d) Open the capsule and sprinkle it over food

13. A nurse identifies ways he/she can improve performance. He/she reflects on his nursing experiences. This is an example of the core critical thinking skill:

- a. Self-regulation
- b. Analysis
- c. Inference

d. Explanation

14. Large volume enemas are typically administered:

- a) To cleanse the bowel
- b) For fecal impaction
- c) To manage constipation
- d) To relieve rectal pain

15. The nurse does not take shortcuts for example failing to identify a client when administering medications. This is an example of critical thinking attitude:

- a. Responsibility and accountability
- b. Thinking independently
- c. Fairness
- d. Discipline

16. The purpose of assessment is to:

- a. Establish a database concerning the client
- b. Delegate nursing responsibility
- c. Teach the client about his or her health
- d. Implement nursing care

17. Utilizing critical thinking during assessment allows the nurse to:

- a. Review the assessment with other health care providers
- b. Direct the assessment in a meaningful and purposeful way
- c. Determine the nursing care delivered
- d. Identify the anticipated client response to care

18. Data collection includes the gathering of subjective and objective data from or about a client. Subjective data are:

- a. Obtained from the physician history and physical form
- b. Observations made by the data collector
- c. Ancillary reports from other services
- d. Client's perceptions about their health problems

19. The most important skills needed to obtain accurate information from your client is:

- a. Teaching and assessment
- b. Cognitive and teaching
- c. Good communication and critical thinking
- d. Psychomotor and courage

20. During bathing a patient experiences shortness of breath and labored breathing with a respiratory rate of 30. The bed is in a flat position. The bed position should be changed to:

- a) Trendelenburg's
- b) Reverse trendelenburg's
- c) Fowler's
- d) Orthopneic

PART II: (SHORT ANSWER QUESTIONS) 30 MARKS)

- 1. Describe five functions of the Nursing Council of Kenya (NCK) (5 Marks)
- 2. State any 5 indications of intravenous fluid (5 marks)
- 3. State 5 safety measures during drug administration (5 marks)
- 4. List 10 factors that affect vital signs (5 marks)
- 5. Describe 4 stages of pressure sores (4 marks)
- 6. Describe management of hemolytic reactions during blood transfusions (6 marks)

PART III (LONG ANSWER QUESTION) 20 MARKS

1. You are Caring for Mr Brown 62 years old man admitted to your unit .When caring for Mr Brown you are required to apply the nursing process.

- a).Describe the five phases of the nursing process. (10 Marks)
 - b). Outline six benefits of using nursing process in patient care (6 Marks)
 - c). state the components of the nursing diagnosis (4 marks)
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