

CHUKA



UNIVERSITY

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EXAMINATION FOR THE AWARD OF DIPLOMA IN BUSINESS MANAGEMENT

ECDE 341: MATERNAL AND CHILD HEALTH CARE

STREAMS: BED ECDE Y3S1 (ODEL)

TIME:2 HOURS

DAY/DATE: WEDNESDAY 11/12/2024

8.30 A.M. –10.30 P.M.

INSTRUCTIONS

Answer question one and any other two questions

Do not write on the question paper

1. a) Define the following concepts:
 - i. maternal health (2 marks)
 - ii. maternal morbidity (2 marks)
 - b) Describe three stages of pre-natal development. (9 marks)
 - c) A woman undergoes several emotional and physical changes after delivery. Discuss five of these changes. (10 marks)
 - d) Analyze seven benefits of breastfeeding. (7 marks)
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2. a) Elaborate on the concept of primary health care and give five components of primary health care. (12 marks)
 - b) Discuss five discomforts an expectant woman is likely to experience. (8 marks)

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3. a) As a strategy to improve healthy nutrition among school going children, school feeding programmes have been introduced in Kenyan schools, explain five benefits of these feeding programmes. (10 marks)
- b) Explain five ways to ensure successful weaning in babies. (10 marks)
4. a) Giving relevant examples, discuss four methods of family planning. (10 marks)
- b) Describe five characteristics of a healthy child. (10 marks)
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