

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

SECOND YEAR EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR  
OF PUBLIC HEALTH

PUHE 241: COMMUNITY HEALTH 1

STREAMS: PUHE Y2S2

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 16/04/2025

2.30 P.M. – 4.30 P.M.

**INSTRUCTIONS:**

1. Do not write anything on the question paper.
2. Mobile phones and any other reference materials are **NOT** allowed in the examination room.
3. The paper has three sections. Answer **ALL** questions in Sections I and II and III.
4. **ALL** your answers for Section I (MCQs) should be on one page.
5. Number **ALL** your answers and indicate the order of appearance in the space provided in the cover page of the examination answer booklet.
6. Write your answers legibly and use your time wisely

**SECTION ONE (ANSWER ALL QUESTIONS)**

1. The most prominent characteristic of a vulnerable population
  - A. Have a single risk factor but experience worse health outcomes than the general population
  - B. Have worse health outcomes and an increased sensitivity to risk factors than the general population
  - C. Have multiple risk factors and high sensitivity to risk factors than the general population
  - D. Have worse outcomes with better access to health care than the general population
2. The community health care approach is based on
  - A. Universal health indicators
  - B. The Primary Health Care (PHC) concept
  - C. The UHC (Universal Health Care) approach
  - D. The Declaration of Astana
3. Which of the following could be viewed as a challenge when adopting a family centred approach to care?
  - A. Individual attitudes/anxieties, knowledge and understanding
  - B. Communication
  - C. Limited support from organizations/policies to support family centered care
  - D. All the above

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4. Isolation of a child with mpox belongs to what level of prevention?
  - A. Primary
  - B. Secondary
  - C. Intermediate
  - D. Tertiary
5. Beneficence is the ethical principle that requires that we
  - A. Seek to do or produce good for others
  - B. Put ourselves first
  - C. Do what we can when we are being paid
  - D. Look after patients
6. Each SDG is supported by a set of Targets specific objectives that are associated with that Goal. How many Targets are there in total?
  - A. 99
  - B. 1,016
  - C. 169
  - D. 51
7. Universal Health Care (UHC) means that
  - A. Communities receive the health services they need
  - B. Individuals receive the health services they need without suffering financial hardship
  - C. All individuals and communities receive the health services they need without suffering financial hardship
  - D. Communities receive the health services they need without suffering financial hardship
8. A family system where one or both parents are not biologically related to the children is known as
  - A. Blended family
  - B. Single-parent family
  - C. Extended family
  - D. Nuclear family
9. The major goal of devolution of health care system is to
  - A. Strengthen local government units
  - B. Allow greater autonomy to local government units
  - C. Empower the people and promote their self-reliance
  - D. Make basic services more accessible to the people
10. The advantage of home visiting is
  - A. It provides an opportunity to learn about the home and the family situation.
  - B. It saves a lot of time and energy of the community health worker.
  - C. Unforeseen events may not occur during home visits.
  - D. No confusion of the roles of the community health worker
11. Tier one health care delivery includes;
  - A. Clinics
  - B. Dispensaries
  - C. Health centers
  - D. Community

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12. In primary health care, participation is important because it
- A. Makes the work of the health worker easier
  - B. Creates awareness among community members
  - C. Creates ownership of development programme in the community
  - D. Is part of social mobilization
13. Which sustainable development goal is related to community health?
- A. 1
  - B. 4
  - C. 16
  - D. 3
14. Which of the following is **NOT** a principle of Primary Health Care (pHC)?
- A. Accessibility
  - B. Community participation
  - C. Technology-driven care
  - D. Intersectoral collaboration
15. In looking at factors affecting community health, community size is a
- A. Social factor
  - B. Cultural factor
  - C. Physical factor
  - D. Political facto
16. In primary health care multisectoral approach is key is its
- A. Goal setting
  - B. Evaluation
  - C. Implementation
  - D. Establishment
17. Jerusa and Petro are unmarried, live together, and have no children. They are a
- A. Nuclear family
  - B. Traditional family
  - C. Cohabiting couple
  - D. Progressive couple
18. A public health officer employed by the local health department is told by the director to engage in health planning. Which of the following actions will the public health officer perform?
- A. Collecting and analyzing data
  - B. Serving vulnerable populations
  - C. Planning for health care needs of individuals
  - D. Applying the nursing process to community-based care
19. CHWs do not operate within the complex interplay of community and health systems.
- A. True
  - B. False
20. A community is a group of people who have common characteristics.
- A. True
  - B. False

**(20 marks)**

**SECTION TWO (ANSWER ALL QUESTIONS)**

1. Define the following terms (4 marks)
  - a) Community health
  - b) Ethics
  - c) Community health unit
  - d) Home based care
2. List **six** reasons why Kenya opted for the community health strategy. (3 marks)
3. State **three** aims of the Astana Declaration. (3 marks)
4. Explain **five** roles of Public Health Officers in Primary Health Care. (10 marks)
5. Enumerate **five** roles of the family in health and illness. (5 marks)
6. State five ways you can use smart technologies and Artificial Intelligence to enhance community participation in Primary Health Care. (5 marks)

**(30 marks)**

**SECTION THREE**

1. As the newly appointed Public Health Officer for Songo County, you have been asked to conduct a community diagnosis in the community. Discuss how you will carry out this assignment. (20 marks)
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