

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF PUBLIC  
HEALTH AND BACHELOR OF HEALTH RECORDS AND INFORMATION  
MANAGEMENT

PUHE 241/PUHU 141: COMMUNITY HEALTH I

STREAMS:

TIME: 2 HOURS

DAY/DATE: TUESDAY 19/12/2023

2.30 P.M. – 4.30 P.M.

**INSTRUCTIONS:**

1. Do not write anything on the question paper.
2. Mobile phones and any other reference materials are NOT allowed in the examination room.
3. The paper has three sections. Answer ALL questions in Sections I and II and ONE question in section III.
4. All your answers for Section I (MCQs) should be on one page.
5. Number ALL your answers and indicate the order of appearance in the space provided in the cover page of the examination answer booklet.
6. Write your answers legibly and use your time wisely

**SECTION ONE (Answer ALL QUESTIONS)**

1. Each SDG is supported by a set of Targets specific objectives that are associated with that Goal. How many Targets are there in total?

- A.99
- B.1,016
- C.169
- D.51

2. A Health Records Information Management Officer employed by the local health department is told by the director to engage in health planning. Which of the following actions will the officer perform?

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- A. Collecting and analyzing data
  - B. Serving vulnerable populations
  - C. Planning for health care needs of individuals
  - D. Applying the nursing process to community-based care
3. The purpose of Patient Family Centered Care is to:
- A. To ensure patient safety
  - B. To ensure that Healthcare providers retain their patients
  - C. To help law makers create reform in healthcare
  - D. To allow patients to make an independent decision on the type of care they wish to receive.
4. Primary health care is a total approach to community development. Which of the following is an indicator of success in the use of the primary health care approach?
- A. Health services are provided free of charge to individuals and families
  - B. Local officials are empowered as the major decision makers in matters of health
  - C. Health workers are able to provide care based on identified health needs of the people
  - D. Health programs are sustained according to the level of development of the community
5. Which type of family consists of a couple, one or both of whom were previously married, their children, and the children from the previous marriage of one or both parents?
- A. Nontraditional family
  - B. Traditional family
  - C. Blended family
  - D. Step family
6. Which of the following is an advantage of a home visit?
- A. It allows the nurse to provide nursing care to a greater number of people
  - B. It provides an opportunity to do first hand appraisal of the home situation
  - C. It allows sharing of experience among people with similar health problems
  - D. It develops the family's initiative in providing for health needs of its members

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7. The purpose is to limit the incidence of disease by controlling causes and risk factors
- A. Primordial prevention
  - B. Primary prevention
  - C. Secondary prevention
  - D. Tertiary prevention
8. Which of the following is the primary cause of vulnerability to health problems?
- A. Breakdown of family structures
  - B. Poverty
  - C. Prejudice
  - D. Social isolation
9. An indicator of success in community organizing is when people are able to
- A. Participate in community activities for the solution of a community problem
  - B. Implement activities for the solution of the community problem
  - C. Plan activities for the solution of the community problem
  - D. Identify the health problem as a common concern
10. Which of the following is the primary cause of vulnerability to health problems?
- A. Breakdown of family structures
  - B. Poverty
  - C. Prejudice
  - D. Social isolation
- (10 marks)**

**SECTION TWO (Answer ALL QUESTIONS) (40 marks)**

1. Define the following terms **(2 marks)**
- a) Community
  - b) Ethics
2. Explain five roles of the family in illness and health. **(10 marks)**
3. List the five principles of Primary Health Care. **(5 marks)**
4. Briefly discuss the principles of family centered care. **(8 marks)**
5. Outline five roles of the county governments in health provision. **(5 marks)**
6. List five reasons why Health Officers should be ethical. **(5 marks)**
7. Enumerate five roles of households and communities and homebased care. **(5 marks)**

**SECTION THREE (Answer ONLY ONE QUESTION) (20 marks)**

1. Discuss any ten roles of Health Officers in Primary Health Care. **(20 marks)**

2. Discuss any six strategic directives of the Kenya Community Health Strategy 2020-2025.

**(20 marks)**

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