

CHUKA UNIVERSITY
UNIVERSITY EXAMINATIONS
RESIT EXAMS

TIME: 2HRS

COURSE CODE: ECDE 241 Health and Nutritional Education for ECDE

ANSWER QUESTION ONE AND ANY OTHER TWO QUESTIONS.

Question One

1. a) Define the following terms related to health and nutritional education
 - i. Nutrition 2Mks
 - ii. Post-natal 2Mks
 - iii. Deficiency disorder 2Mks
 - iv. Ante natal Clinics 2Mks
- b) Write down five importance of post-natal clinics 5Mks
- c) State five importance of post-natal clinics to a child 5Mks
- d) Elaborate five reasons why children below 18months require a lot of nutrient in their bodies 5Mks
- e) Write down five importance of colostrum 7Mks

Question Two

2. a) With relevant examples discuss factors contributing to changes in child in rearing practice 10Mks
- b) Differentiate between traditional care practice and modern care practice 10Mks

Question Three

3. a) Discuss strategies of promoting health in a community 14Mks
- b) Explain family practice to promote health care 6Mks

Question Four

4. a) Explain seven tests which are offered in ante-natal clinics 14Mks
- b) Explain causes of obesity 6Mks

Question Five

5. a) Evaluate the eight major elements of primary care PHC 16Mks
- b) State at least four principal of health care PHC 4Mks