

CHUKA

UNIVERSITY



UNIVERSITY EXAMINATIONS

**EXAMINATION FOR THE AWARD OF DEGREE OF DOCTOR OF PHILOSOPHY
IN NURSING**

NURS 912: PHILOSOPHY AND THEORIES OF NURSING

STREAMS: Ph.D. NURSING (Y2S1)

TIME: 3 HOURS

DAY/DATE: WEDNESDAY 23/04/2025

2.30 P.M. – 5.30 P.M.

INSTRUCTIONS

- Do not write anything on the question paper.
- Mobile phones and any other reference materials are NOT allowed in the examination room.
- The paper has five (5) questions. ALL the questions are compulsory
- Number ALL your answers and indicate the order of appearance in the space provided in the cover page of the examination answer booklet.

QUESTION ONE

Philosophy of nursing consists of several key components that define how nurses view their practice, patients and the health care environment.

- | | |
|--|----------|
| a) Differentiate between a philosophy and a model of nursing | 2 marks |
| b) Describe three (3) sources of nursing knowledge giving appropriate examples | 9 marks |
| c) Using appropriate examples, describe three types of ontology in nursing | 12 marks |

QUESTION TWO

Nursing theory is a supposition or system of ideas that is proposed to explain, describe, predict, and control nursing as a phenomenon

- | | |
|---|----------|
| a) Using appropriate examples, explain the four (4) types of nursing theories based on function | 10 marks |
| b) Describe the application of nursing theories in modern health care | 10 marks |

QUESTION THREE

Dorothea Orem’s self-care deficit theory is a grand theory that focuses on the patient’s ability to care for themselves and suggests that self-care is an essential component of a person’s overall health and wellbeing.

- a) Explain the following concepts as used in the theory
 - i) Self-care 2 marks
 - ii) Self-care agency 2 marks
 - iii) Self-care deficit 2 marks
- b) Providing appropriate examples, describe the three (3) categories of self-care requisites according to the self-care theory 9 marks
- c) State five (5) limitations Orem’s self-care theory 5 marks

QUESTIONS FOUR

The Transcultural Nursing Theory or Culture Care Theory by Madeleine Leininger involves knowing and understanding different cultures concerning nursing and health-illness caring practices, beliefs, and values to provide meaningful and efficacious nursing care services to people's cultural values health-illness context.

- a) Explain four (4) cultural and social structure components that influence care dimensions, patterns and practices 8 marks
- b) Describe the influence of transcultural Nursing theory in nursing care 12 marks

QUESTION FIVE

Myra Levine’s Conservation Model believes nursing intervention is a conservation activity, with energy conservation as a fundamental concern.

- a) Describe how you would utilize the four conservation principles of nursing in organizing nursing care 12 marks
- b) Outline four (4) strengths of Levine’s Conservation Model 4 marks
- c) State four (4) differences between Conservation model and Roy’s adaptation model 4 marks

.....