

HNDS 0371

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**EXAMINATION FOR THE AWARD OF DIPLOMA IN HUMAN
NUTRITION AND DIETETICS**

HNDS 0371: COMMUNITY PARTNERSHIP SKILLS

STREAMS: Y1S2

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 23/04/2025

11.30 A.M. – 1.30 P.M.

INSTRUCTIONS:

- Answer **ALL** questions
- Do not write anything on the question paper
- No reference materials are allowed in the examination room
- **No** use of mobile phones or any other unauthorized materials
- Write your answers legibly and use your time wisely

SECTION A: MULTIPLE CHOICE QUESTIONS (20 MARKS)

1. What is a community partnership?
 - A. A relationship between two or more individuals
 - B. A formal agreement between two agencies
 - C. A relationship between individuals, groups, and institutions
 - D. A collaboration of community organizations
2. A nutrition program faces resistance from traditional healers in the community. The most sustainable approach would be to:
 - A. Ignore traditional practices completely
 - B. Report the resistance to authorities
 - C. Implement the program in different communities
 - D. Integrate traditional knowledge practices
3. In analyzing community power structures, which finding would be **MOST** concerning for partnership sustainability?
 - A. Multiple leadership levels
 - B. Exclusion of marginalized groups
 - C. Traditional council involvement
 - D. Regular community meetings
4. When establishing nutrition intervention targets, the **MOST** effective approach is to:
 - A. Set targets based on national standards only
 - B. Let experts determine all the major targets
 - C. Blend goals with community priorities
 - D. Focus solely on community preferences

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5. If a community action group becomes dominated by elite members, the best corrective action would be to:
 - A. Restructure the representation
 - B. Dissolve the group immediately
 - C. Allow the situation to continue
 - D. Remove all elite members

6. Which level of community organization focuses on neighborhood development and local initiatives?
 - A. Macro level
 - B. Micro level
 - C. Meso level
 - D. Exo level

7. What does governance refer to in the context of partnerships?
 - A. Building new partner relationships
 - B. Defining and prioritizing goals and directives
 - C. Turning abstract concepts into measurable observations
 - D. Ensuring accountability, transparency, and equity

8. What is the importance of building partnerships?
 - A. Improving the performance of partnerships
 - B. Ensuring accountability, transparency, and equity
 - C. Unlocking new opportunities and reducing risks
 - D. Defining and prioritizing goals and directives

9. Community development is possible when the approach is?
 - A. Participatory
 - B. Top-down
 - C. Autocratic
 - D. Bureaucratic

10. Which type of coalition involves organizations from different sectors, such as government, non-profit, and private sectors, to address complex social problems?
 - A. Community-based coalition
 - B. Multi-sectoral coalition
 - C. Issue-based coalition
 - D. Government-based coalition

11. The primary purpose of establishing community partnerships in nutrition interventions is to:
 - A. Increase funding opportunities
 - B. Meet regulatory requirements
 - C. Ensure sustainable programs
 - D. Simplify program implementation

12. Which level of partnership involves complete sharing of resources and decision-making power?
 - A. Networking
 - B. Collaboration
 - C. Coordination
 - D. Cooperation

13. Community mobilization is most effective when:
 - A. It is entirely led by external experts
 - B. It builds on community structures
 - C. It bypasses traditional leadership
 - D. It focuses on short-term goals
14. Which characteristic best describes an effective community partnership?
 - A. Centralized decision-making
 - B. Limited information sharing
 - C. Mutual trust and respect
 - D. Rigid organizational structure
15. Which approach best supports sustainable community partnerships?
 - A. Rapid implementation
 - B. Expert-driven decisions
 - C. Capacity building
 - D. Short-term planning
16. The role of a community mobilizer is to:
 - A. Take control of community projects
 - B. Facilitate community engagement
 - C. Make decisions for the community
 - D. Work independently
17. What characterizes effective community entry?
 - A. Immediate program implementation
 - B. Cultural sensitivity and respect
 - C. Rapid data collection
 - D. Minimal community contact
18. Which factor most influences community mobilization success?
 - A. Local leadership involvement
 - B. External funding amount
 - C. Project duration
 - D. Technical complexity
19. The best approach for addressing community nutrition challenges is:
 - A. Expert-only solutions
 - B. Individual interventions
 - C. Collaborative problem-solving
 - D. Standard programs
20. The most effective nutrition intervention programs are those that:
 - A. Follow rigid external guidelines
 - B. Ignore local practices
 - C. Integrate community feedback
 - D. Minimize community involvement

SECTION B: SHORT ANSWER QUESTIONS (20 MARKS)

1. Define the following terminologies as used in community diagnosis. (4 Marks)
 - a) Community resource
 - b) Social mobilization
 - c) Advocacy
 - d) Empowerment

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2. List down four essential characteristics of effective community partnerships in nutrition interventions. (4 marks)
3. State four benefits of using participatory methods in community assessment. (4 marks)
4. Mention four key roles of community action groups in nutrition programs. (4 marks)
5. List four strategies for addressing power imbalances in community partnerships. (4 marks)

SECTION C: LONG ANSWER QUESTIONS (30 MARKS)

1. Describe in detail the process of community entry and explain why each step is crucial for establishing effective community partnerships in nutrition programs. (10 marks)
 2. Compare and contrast different models of community partnerships, analyzing their strengths and limitations. (12 marks)
 3. Analyze the different levels of community participation and their implications for nutrition program success. (8 marks)
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