

**CHUKA**



**UNIVERSITY**

**UNIVERSITY EXAMINATIONS**

**EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF ARTS IN  
PSYCHOLOGY**

**PSYC 463: CLINICAL COMMUNITY PSYCHOLOGY**

**STREAMS:**

**TIME:2 HOURS**

**DAY/DATE: THURSDAY 13/04/2023**

**2.30 P.M. –4.30 P.M.**

---

**INSTRUCTIONS**

- Answer question one and any other two.
- Do not write anything on the question paper.

**Question One**

- Describe four multilevel analyses in community psychology. (8 marks)
- Discuss four ways in which you may empower communities with few resources. (4 marks)
- Illustrate four ways in which stress contributes to mental health issues. (8 marks)
- Explain five roles played by self-help groups in development of a community. (10 marks)

**Question Two**

- Explain five principles of community psychology. (10 marks)
- Discuss five ways in which psychological disorders may be prevented. (10 marks)

**Question Three**

- Explain four values of human dignity in relation to mental health. (8 marks)
- Evaluate four ways in which families may react during mental health crisis. (12 marks)

**Question Four**

- Demonstrate your understanding of the four elements in the ecological model by James Kelly. (12 marks)

- b. Describe four benefits that may accrue to a family caregiver to a person with mental illness from a social support group. (8 marks)
-