

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF
SCIENCE IN NURSING**

NURS 279: PRIMARY HEALTH CARE

STREAMS: HNDS (Y2S1)

TIME: 2 HOURS

DAY/DATE: TUESDAY 19/12/2023

11.30 A.M. – 1.30 P.M.

INSTRUCTIONS:

1. Do not write anything on the question paper.
2. Mobile phones and any other reference materials are NOT allowed in the examination room.
3. The paper has three sections. Answer ALL questions in Sections I, II and III.
4. All your answers for Section I (MCQs) should be on one page.
5. Number ALL your answers and indicate the order of appearance in the space provided in the cover page of the examination answer booklet.
6. Write your answers legibly and use your time wisely

SECTION 1: MULTIPLE CHOICE QUESTIONS [10 MARKS]

1. Community spread of poliomyelitis occurs primarily via
 - [a]. Droplet spread
 - [b]. Contact spread
 - [c]. Faecal-oral spread
 - [d]. Airborne spread
2. The following are key notifiable vaccine preventable diseases in Kenya, EXCEPT.
 - [a]. Diphtheria
 - [b]. Maternal Tetanus
 - [c]. Malaria
 - [d]. Yellow fever

3. “Health, is a fundamental human right and that the attainment of the highest possible level of health is a most important world-wide social goal whose realization requires the action of many other social and economic sectors in addition to the health sector”. This excerpt supporting the basis for Primary Health Care is associated with

- [a]. Kyoto declaration
- [b]. Alma-Ata declaration
- [c]. Bamako declaration
- [d]. Copenhagen declaration

4. Which of the following is the LEAST desirable characteristic of Primary Health Care

- [a]. Accessible
- [b]. Adorable
- [c]. Affordable
- [d]. Available

5. A baby experiencing normal growth and development should be able to sit without support and without holding up his/her body with his/her hands at around

- [a]. 3 months
- [b]. 6 months
- [c]. 9 months
- [d]. 12 months

6. At all stages of vaccine transportation during community outreaches the temperature of vaccines should be maintained between

- [a]. +1⁰C and +4⁰C
- [b]. +2⁰C and +8⁰C
- [c]. +3⁰C and +12⁰C
- [d]. +4⁰C and +12⁰C

7. According to the tier organisation of healthcare facilities as provided in the Kenya Health policy (Health Policy, 2014 – 2030), Primary Care level facilities are

- [a]. Level 1 and 2 health facilities
- [b]. Level 2 and 3 health facilities
- [c]. Level 3 and 4 health facilities
- [d]. Level 4 and 5 health facilities

8. The Bamako initiative on Primary Health Care, for Sub-Saharan Africa was held in
- [a]. 1977
 - [b]. 1978
 - [c]. 1987
 - [d]. 2018

In question 9 and 10, indicate whether the statement is TRUE or FALSE.

9. The focus of integrated community case management is primarily on children aged between 2 years to 5 years [True/False]
10. About 70% of snake bites are not poisonous [True/False]

SECTION II: SHORT ANSWER QUESTIONS [40 MARKS]

1. Define the following terms

- [a]. Health education (2 marks)
- [b]. Community health (2 marks)
- [c]. Mental health (2 marks)

2. Outline the key steps in caring for a sick child in the community as provided for under Integrated Community Case Management (iCCM) strategy [4 marks]

3. The control of non-communicable diseases is one of the major specialties in community health. State five (5) major modifiable risk factors for NCDs targeted under community health [5 marks]

4. Describe the “social action model” of community intervention as provided for by Rothman (1979) [5 marks]

5. The practice of community health is usually governed by set rules, popularly referred as principles of community health. Expound on ten (10) such primary rules for practice or action in community health. [10 marks]

6. Disasters can result into a serious disruption of the functioning of a community, and thus require concerted preparations and timely response. Explain the five (5) key phases of a disaster that should inform the preparedness and response plans for disasters. [10 marks]

SECTION III: LONG ANSWER QUESTIONS [20 MARKS]

1. School health is an important phase of community health that promotes the well-being of children and their education for healthful living. Discuss eight (8) major components of comprehensive school Health services in Kenya. [20 marks]

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