

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

EMBU CAMPUS

**EXAMINATION FOR THE AWARD OF DIPLOMA IN EARLY CHILDHOOD
EDUCATION**

ECDE 0244: GUIDANCE AND COUNSELING

STREAMS: DIP. ECDE

TIME:2 HOURS

DAY/DATE: THURSDAY 19/12/2024

2.30 P.M. – 4.30 P.M.

INSTRUCTIONS: Answer question ONE and any other TWO

1a. Define the following terms as used in guidance and counseling.

- i) Guidance (2 marks)
- ii) Counseling (2 marks)
- iii) Counsellor (2 marks)

b. Differentiate between guidance and counselling (8 marks)

c. Highlight five importance of guidance and counselling. (5 marks)

d. Enumerate five ethics and principles of guidance and counselling. (5 marks)

e. Identify six instances when confidentiality can be broken in guidance and counselling. (6 marks)

SECTION B

2a. Highlight five characteristics of an effective counsellor. (5 marks)

b. Describe five types of counselling. (15 marks)

3a. Describe the importance of relationship building in the counselling process. (5 marks)

b. Describe the key stages in the counselling process. (15 marks)

4a. Outline five counselling techniques that can be used to help a client who is depressed. (5 marks)

b. Describe factors that influence active listening of the counsellor and counsellee. (15 marks)