

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF PSYCHOLOGY

PSYC 431: GERONTOLOGY AND GERIATRICS

STREAMS: B.PSYC

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 19/04/2023

11.30 A.M. – 1.30 P.M.

INSTRUCTIONS

Answer Question 1 and any other two questions

Do not write anything on the question paper

1. a) Explain four distinct processes of aging. (8 marks)
- b) Highlight the roles of health care practitioners to the elderly (4 marks)
- c) Discuss how religion offers psychological benefits to the elderly. (10 marks)
- d) Explain the following categories of aging (8 marks)
 - i. Biogerontology
 - ii. Geroscience
 - iii. Psychogerontology
 - iv. Sociogerontology
2. a) Discuss five reasons why aging is undesirable (10 marks)
- b) Explain five ways in which age can influence political participation (10 marks)
3. a) Discuss five major health challenges facing the elderly. (10 marks)
- b) Discuss the following aging theories (10 marks)
 - i. General imbalance
 - ii. Dis-engagement theory
 - iii. Life-course theory

iv. Activity theory

4. a) Discuss the stages of retirement developed by Professor Robert Atchley in 1976.

(10 marks)

b) Discuss five major adjustments during late adulthood

(10 marks)
