

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

RESIT/SPECIAL EXAMINATION

EXAMINATION FOR THE AWARD OF DIPLOMA IN

CDEV 0120: ESSENTIAL ELEMENTS IN COUNSELLING

STREAMS:

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 03/02/2021

2.30 P.M – 4.30 P.M.

Question One

- (a) Discuss relationship enhancement variables Stanley Strong. **(10 marks)**
- (b) Explain any five skills of counselling. **(10 marks)**
- (c) Discuss the difference between guidance and counselling. **(10 marks)**

Question Two

- (a) Explain the following terms as used in counselling:
 - i. Family counselling
 - ii. Group counselling
 - iii. Psychiatry
 - iv. Social work
 - v. Psychotherapy **(10 marks)**
- (b) Discuss any five areas in which counselling skills can be used. **(10 marks)**

Question Three

- (a) Discuss psychosexual stages of development. **(10 marks)**
- (b) Describe the three stages of counselling. **(10 marks)**

Question Four

- (a) Discuss the acronym SOLER as used in attending skill. **(10 marks)**
- (b) Differentiate between guidance from counselling. **(10 marks)**

Question five

- (a) Broadly, discuss person centered theory. **(15 marks)**
- (b) Discuss the structure of personality by Freud. **(5 marks)**
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