

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**EXAMINATION FOR THE AWARD OF DIPLOMA IN COMMUNITY
DEVELOPMENT**

CDEV 0120: ESSENTIAL ELEMENTS IN COUNSELING

STREAMS: DIP. CDEV

TIME: 2 HOURS

DAY/DATE: FRIDAY 17/04/2020

2.30 P.M. – 4.30 P.M.

INSTRUCTIONS:

- **Answer question ONE (compulsory) and any other TWO**

QUESTION ONE

- (a) Explain any five skills of counseling. (10 marks)
- (b) Highlight any five techniques of counseling. (10 marks)
- (c) Define these terms as used in counseling
- (i) Counseling
 - (ii) Contract
 - (iii) Confidentiality
 - (iv) Referral
 - (v) Dual relationship (10 marks)

QUESTION TWO

- (a) Differentiate family and group counseling using practical examples. (10 marks)
- (b) Explain any five types of counseling. (10 marks)

QUESTION THREE

- (a) Briefly describe the psychoanalytic theory of counseling indicating any two techniques of counseling. (10 marks)

- (b) Discuss any five considerations of counseling referral. (10 marks)

QUESTION FOUR

- (a) Highlight the application of behavioural theory of counseling. (10 marks)

- (b) Explain any five roles of a counselor. (10 marks)
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