

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

EXAMINATION FOR THE AWARD OF CERTIFICATE IN COMMUNITY DEVELOPMENT

CDEV 00120: INTRODUCTION TO COUNSELLING

STREAMS: CERT. Y1S2

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 08/04/2020

11.30 A.M. – 1.30 P.M.

- **INSTRUCTIONS:**
- **Answer question one and any other two questions.**

1. Using examples, define the following term: (4 marks)
 - (a) Counselling
 - (b) Describe the various counselling techniques. (10 marks)
 - (c) Mention any eight aims/benefits of counselling. (8 marks)
 - (d) Describe the role of the counselor in the counseling process. (8 marks)

SECTION B

2.
 - (a) Explain three models of counseling. (6 marks)
 - (b) State three fields of counselling. (6 marks)
 - (c) Explain the unethical behavior from a counselor. (8 marks)
3.
 - (a) Explain the ethical behavior from a counselor. (10 marks)
 - (b) What is post-traumatic counselling? Give an example. (10 marks)
4.
 - (a) Discuss three types of client in counseling. (10 marks)

- (b) Explain five counseling skills. (10 marks)
 - 5. (a) Discuss five qualities of a good counselor. (10 marks)
 - (b) Discuss five attending behavior a counselor should have. (10 marks)
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