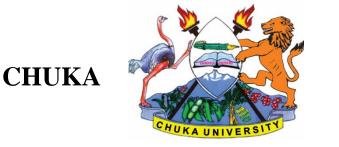
CDEV 00120



UNIVERSITY

UNIVERSITY EXAMINATIONS

CHUKA AND EMBU CAMPUSES

FIRST YEAR EXAMINATION FOR THE AWARD OF CERTIFICATE IN COMMUNITY DEVELOPMENT

CDEV 00120: INTRODUCTION TO COUNSELLING

STREAMS: CERT. CDEV

TIME: 2 HOURS

11.30 A.M. – 1.30 P.M.

DAY/DATE: WEDNESDAY 08/04/2020

INSTRUCTIONS:

• Answer question ONE and any other TWO in section B.

SECTION A (30 MARKS)

Q1.	(a)	Explain the difference between guidance and counselling citing relevant examples. (4 marks)		
	(b)	Define the following terms as used in counselling.		
		(i)	The Id	(2 marks)
		(ii)	The Ego	(2 marks)
		(iii)	The superego	(2 marks)
	(c)	Descr	ibe the qualities of a good counsellor.	(10 marks)
	(d)	Expla	in the five (5) aspects in the counselling process.	(10 marks)

SECTION B (40 MARKS)

Q2. (a) Some of the roles of a counsellor include financial relationships, termination and referral, respect of diversity, clients' wellbeing and relationship with former clients. Clearly explain what each means. (5 marks)

	(b)	Explain the 3 formats of counselling.	(15 marks)
Q3.	(a)	Explain any five types of counseling using relevant examples.	(10 marks)
	(b)	Before 1900s, the process of counselling focused on information of What do you understand by this and how is it difficult from actual	counselling.
	(c)	The world war 1 is said to have influenced the development of cou especially in America. Discuss	(5 marks) nselling (5 marks)
Q4.	Discus	ss the counselling approaches or theories of counselling.	(20 marks)
Q5.	Discus	as any 5 (five) ethical principles of counselling.	(20 marks)