

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

CHUKA AND EMBU CAMPUSES

**FIRST YEAR EXAMINATION FOR THE AWARD OF CERTIFICATE IN
COMMUNITY DEVELOPMENT**

CDEV 00120: INTRODUCTION TO COUNSELLING

STREAMS: CERT. CDEV

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 08/04/2020

11.30 A.M. – 1.30 P.M.

INSTRUCTIONS:

- **Answer question ONE and any other TWO in section B.**

SECTION A (30 MARKS)

- Q1. (a) Explain the difference between guidance and counselling citing relevant examples. (4 marks)
- (b) Define the following terms as used in counselling.
- (i) The Id (2 marks)
- (ii) The Ego (2 marks)
- (iii) The superego (2 marks)
- (c) Describe the qualities of a good counsellor. (10 marks)
- (d) Explain the five (5) aspects in the counselling process. (10 marks)

SECTION B (40 MARKS)

- Q2. (a) Some of the roles of a counsellor include financial relationships, termination and referral, respect of diversity, clients' wellbeing and relationship with former clients. Clearly explain what each means. (5 marks)

- (b) Explain the 3 formats of counselling. (15 marks)
- Q3. (a) Explain any five types of counseling using relevant examples. (10 marks)
- (b) Before 1900s, the process of counselling focused on information or advice giving. What do you understand by this and how is it difficult from actual counselling. (5 marks)
- (c) The world war 1 is said to have influenced the development of counselling especially in America. Discuss (5 marks)
- Q4. Discuss the counselling approaches or theories of counselling. (20 marks)
- Q5. Discuss any 5 (five) ethical principles of counselling. (20 marks)
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