

CDEV 00106

**CHUKA**



**UNIVERSITY**

**UNIVERSITY EXAMINATIONS**

**CHUKA / EMBU**

**EXAMINATION FOR THE AWARD OF  
CERTIFICATE IN COMMUNITY DEVELOPMENT**

**CDEV 00106: COMMUNITY HEALTH**

**STREAMS: CDEV Y1 S3**

**TIME: 2 HOURS**

**DAY/DATE: THURSDAY 9/04/2020**

**8.30 A.M - 10.30 A.M.**

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**INSTRUCTIONS**

- Answer question **ONE** and any other **TWO** in Section B.

1. (a) Outline any four principles of community health. [4 Marks]
- (b) Write brief notes on Determinants of community health [16 Marks]
- (c) (i) Outline the relevant actions for improvement of health nutrition. [5 Marks]
- (ii) State five roles of Community Health in development. [5 Marks]

**SECTION B**

2. (a) Briefly, explain various groups that are vulnerable to health nutrition problems. [5 Marks]
- (b) Discuss the causes of protein energy malnutrition in the children in your community. [15 Marks]

3. Discuss health problems in African traditional communities as guided below.
- (a) Causes of health problems
  - (b) Diagnosis of health problems
  - (c) Methods of prevention and healing [20 Marks]
4. (a) Outline any eight ways culture can help to define health and diseases in the community. [8 Marks]
- (b) Explain briefly the likely serious effects of Malnutrition on children, family and Country. [12 Marks]
5. (a) Explain the effect of culture on the health of the community. [5 Marks]
- (b) Identify five micronutrients essential for healthy nutrition [5 Marks]
- (c) Discuss the relevant actions for improvement of health nutrition [10 Marks]
6. (a) Define sanitation and discuss various disease and conditions caused by lack of proper hygiene. [10 Marks]
- (b) Modern methods of disease prevention are organized into three levels primary secondary and tertiary. Discuss the various methods of disease prevention at the primary level. [10 Marks]
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