

**CHUKA**



**UNIVERSITY**

**UNIVERSITY EXAMINATIONS**

**FIRST YEAR EXAMINATION FOR BACHELOR OF SCIENCE IN NURSING**

**NURS 191: FUNDAMENTALS OF NURSING PRACTICE 1**

**STREAMS: Y1S1**

**TIME: 3 HOURS**

**DAY/DATE: MONDAY 14/12/2020**

**8.30 A.M - 10.30 A.M.**

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**INSTRUCTIONS:**

1. Do not write anything on the question paper.
2. Mobile phones and any other reference materials are NOT allowed in the examination room.
3. The paper has three sections. Answer ALL the questions.
4. All your answers for Section I (MCQs) should be on one page.
5. Number ALL your answers and indicate the order of appearance in the space provided in the cover page of the examination answer booklet.
6. Write your answers legibly and use your time wisely

**Section A. Multiple choice questions (20 marks).**

1. What type of authority regulate nursing?
  - a) International standards and codes.
  - b) Nurse professional associations.
  - c) State Nursing practice Acts.
  - d) Organizational policies and protocols.
2. According to Leininger's theoretical model nurses are supposed to provide care that is culturally congruent. A nurse is interviewing a newly admitted patient. Which question would be considered culturally sensitive?
  - a) What types of food do you eat for meals?
  - b) Do you think you will be able to eat the food we have here?
  - c) Do you understand that we cannot prepare special meals?
  - d) Why cannot you just eat our food while you are here?
3. Of the following statements, which is most true of health and illness?
  - a) Health and illness are the same for all people.
  - b) Health and illness are individually defined by each person.
  - c) People with acute illnesses are actually healthy.
  - d) People with chronic illnesses have poor health beliefs.

4. When providing health promotion classes, a nurse uses concepts from models of health. What do both the health–illness continuum and the high-level wellness models demonstrate?
  - a) Illness as a fixed point in time
  - b) The importance of family
  - c) Wellness as a passive state
  - d) Health as a constantly changing state
5. You tell your instructor that your patient is fine and has —no complaints. You are likely to hear;
  - a) You made an inference that she is fine because she has no complaints. How did you validate this?
  - b) She probably just doesn't trust you enough to share what she is feeling. I'd work on developing a trusting relationship.
  - c) Sometimes everyone gets lucky. Why don't you try to help another patient?
  - d) Maybe you should reassess the patient. He has to have a problem—why else would he be here?
6. A nurse working in the medical ward learns that a patient is having terminal illness but the spouse warns that he should not be told. In this case the nurse is facing;
  - a) An breach of duty
  - b) Corruption issues
  - c) An ethical dilemma
  - d) An ethical principle.
7. A professional nurse with a commitment to upholding the principle of autonomy is most apt to do the following;
  - a) Provide honest information to patients and the public
  - b) Promote universal access to healthcare
  - c) Document care accurately and honestly.
  - d) Plan care in partnership with patients
8. The method of sterilization depends on the following except:-
  - a) The type of contamination
  - b) Available sterilizing agents
  - c) Amount of contamination
  - d) Object to be sterilized
9. Choose the most accurate answer regarding fowlers position
  - a) Patient is on his back with legs extended.
  - b) Promotes drainage from mouth
  - c) The head and the trunk of the patient are raised 15° in semi fowlers position
  - d) Both legs flexed in front of client with upper leg pronounced
10. Of the following statements, which is most true of test tubes used to collect blood specimens
  - a) Black—potassium oxalate
  - b) Red—potassium oxalate
  - c) Green —sodium oxalate
  - d) Light blue—sodium citrate

11. Which one of the following is not a vital sign?
  - a) Respiratory rate.
  - b) Blood pressure.
  - c) Weight.
  - d) Pulse rate.
12. A professional nurse with a commitment to upholding the principle of autonomy is most apt to do the following;
  - a) Provide honest information to patients and the public
  - b) Promote universal access to healthcare
  - c) Plan care in partnership with patients
  - d) Document care accurately and honestly.
13. When reviewing information about the growth of healthcare services, which area would the nurse expect to find as the most rapidly growing area?
  - a) Hospitals
  - b) Home care
  - c) Nursing homes
  - d) Parish nursing

For questions 14- 18: Match the following ethical principles with their appropriate explanations.

14. Veracity
15. Fidelity
16. Beneficent
17. Non Maleficence
18. Justice
  - a) Duty to do good to others and to maintain a balance between benefits and harm
  - b) Obligation to tell the truth
  - c) Equity distribution of potential benefits and risks
  - d) Duty to do what one has promised
  - e) Obligation to do or cause no harm to others
19. Insertion of urinary catheter is facilitated by requesting the patient to;
  - a) Bear down
  - b) Breathe deeply.
  - c) Turn to the side.
  - d) Hold the labia or shaft of penis
20. The nurse who plans and allocates activities of the rest in case where they are allocated to care for a group of patients in a ward is the;
  - a) Primary nurse.
  - b) Clinical specialist.
  - c) Team leader.
  - d) Ward in charge.

**SECTION B: Short answer questions (40 marks).**

1. State six(6)Advantages of Computerized Documentations (6marks)
2. Describe four (4) barriers of professionalism in nursing (8marks)
3. State eight (8) rights to be observed in drug administration (8marks)
4. State six(6) things to consider when Transferring a patient within Hospital (6marks)
5. State seven(7) factors that affect the pulse rate (7 marks)
6. Outline five (5) components of a nursing care plan (5 marks)

**SECTION C: Long answer questions (40mks).**

1. a) State six (6) characteristics of a profession (6marks)  
b) Describe four (4) barriers of professionalism in nursing (8marks)  
c) State six (6) functions of the nursing council of Kenya (NCK) (6marks)
  2. a) State six(6) benefits of theories to the Nursing practice (6marks)  
b) State fourteen (14) human needs according to Virginia Henderson (14 marks)
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