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CHUKA



UNIVERSITY

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UNIVERSITY EXAMINATIONS

EXAMINATION FOR THE AWARD DEGREE OF  
BACHELOR OF EARLY CHILDHOOD DEVELOPMENT

ECDE 445: GUIDANCE AND COUNSELLING

STREAM: B.Ed (ECDE) Y4 S<sub>2</sub>

TIME: 2 HOURS

DAY/DATE: THURSDAY 9/04/2020

11.30 A.M - 1.30 A.M.

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INSTRUCTIONS:

- Answer Question ONE and only other Two Questions.
- Do not write on the question paper

1a) Define briefly the following terms and concepts as used in the counseling process.

- (i) Counsellor or Therapist
- (ii) Guidance
- (iii) Empathy
- (iv) Counsellee or client
- (v) Referral

[10 Marks]

b) Explain the differences in the following statements.

(i) -Counselling is both formal and informal

-Guidance is generally formal

(ii) -Counselling is a healing process

-Guidance is general formal

(iii) -In counseling, the client is the expert.

-In guidance, the counselor is the expert.

[9 Marks]

c) (i) Define 'Confidentiality' as used in the counseling process.

[3 Marks]

(ii) identify and describe five instances when confidentiality can be broken, while offering

- counseling services. [5 Marks]
- d) Describe 'dual relationship' in counseling. [3 Marks]
- 2a) You have been appointed an administrator of an ECDE Centre and you would like to hire a qualified counselor for the institution. Discuss any seven qualities of a good counselor that you would look for. [14 Marks]
- b) Explain these aspects- (i) Termination of Counselling  
(ii) Follow up stage in counseling process [6 Marks]
3. a) Discuss the following five techniques that may be suitable to counsel children in ECDE Centres. [10 Marks]
- (i) Active listening
  - (ii) Observation
  - (iii) Questioning
  - (iv) Focusing
  - (v) Teaching
- b) Highlight five factors that show the significance of Guidance and Counselling services in our learning institutions as well as in our lives. Cite examples in each case. [10 Marks]
4. a) Describe the following stages which are followed when establishing Guidance and Counselling programmes in learning institutions; [8 Marks]
- (i) Planning
  - (ii) Designing
  - (iii) Implementation
  - (iv) Evaluation
- b) Explain each of the following types of counseling. [12 Marks]
- (i) Crisis counseling
  - (ii) Peer Counselling
  - (iii) Preventive Counselling
  - (iv) Group Counselling
  - (v) Individual Counselling
  - (vi) Developmental Counselling