
CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**EXAMINATION FOR THE AWARD DEGREE OF
BACHELOR OF EARLY CHILDHOOD DEVELOPMENT**

ECDE 445: GUIDANCE AND COUNSELLING

STREAM: B.Ed (ECDE) Y4 S₂

TIME: 2 HOURS

DAY/DATE: THURSDAY 9/04/2020

11.30 A.M - 1.30 A.M.

INSTRUCTIONS:

- **Answer Question ONE and only other Two Questions.**
- **Do not write on the question paper**

1a) Define briefly the following terms and concepts as used in the counseling process.

- (i) Counsellor or Therapist
- (ii) Guidance
- (iii) Empathy
- (iv) Counsellee or client
- (v) Referral

[10 Marks]

b) Explain the differences in the following statements.

(i) -Counselling is both formal and informal

-Guidance is generally formal

(ii) -Counselling is a healing process

-Guidance is general formal

(iii) -In counseling, the client is the expert.

-In guidance, the counselor is the expert.

[9 Marks]

c) (i) Define 'Confidentiality' as used in the counseling process.

[3 Marks]

(ii) identify and describe five instances when confidentiality can be broken, while offering

- counseling services. [5 Marks]
- d) Describe 'dual relationship' in counseling. [3 Marks]
- 2a) You have been appointed an administrator of an ECDE Centre and you would like to hire a qualified counselor for the institution. Discuss any seven qualities of a good counselor that you would look for. [14 Marks]
- b) Explain these aspects- (i) Termination of Counselling
(ii) Follow up stage in counseling process [6 Marks]
3. a) Discuss the following five techniques that may be suitable to counsel children in ECDE Centres.
(i) Active listening
(ii) Observation
(iii) Questioning
(iv) Focusing
(v) Teaching [10 Marks]
- b) Highlight five factors that show the significance of Guidance and Counselling services in our learning institutions as well as in our lives. Cite examples in each case. [10 Marks]
4. a) Describe the following stages which are followed when establishing Guidance and Counselling programmes in learning institutions;
(i) Planning
(ii) Designing
(iii) Implementation
(iv) Evaluation [8 Marks]
- b) Explain each of the following types of counseling.
(i) Crisis counseling
(ii) Peer Counselling
(iii) Preventive Counselling
(iv) Group Counselling
(v) Individual Counselling
(vi) Developmental Counselling [12 Marks]