

**CHUKA**



**UNIVERSITY**

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**SUPPLEMENTARY/ SPECIAL EXAMINATIONS**

**EXAMINATION FOR THE AWARD OF  
CERTIFICATE IN EARLY CHILDHOOD DEVELOPMENT EDUCATION**

**ECDE 00245: GUIDANCE AND COUNSELING**

**STREAMS: CERT (ECDE)**

**TIME: 2 HOURS**

**DAY/DATE: FRIDAY 04/12/2020**

**8.30 AM – 10.30 AM**

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**INSTRUCTIONS:**

- **Answer question one and other two questions.**
- **Do not write on the question paper**

1. (a) Define the following terms as used in guidance and counseling:
    - i. Counseling
    - ii. Guidance
    - iii. Counselee. (6marks)
  - (b) Highlight five characteristics of a good counselor. (5marks)
  - (c) Using examples, briefly describe 3 non-verbal cues likely to indicate distress in the counselee. (6marks)
  - (d) Identify four emotional and psychological challenges likely to be experienced by young children. (4marks)
  - (e) Briefly explain the concept of confidentiality and outline cases in which it can be broken during counseling. (6marks)
  - (f) Outline the challenges a pre-school teacher is likely to face during counseling. (3marks)
2. (a) Explain seven approaches and techniques utilized in guidance and counseling process. (14marks)

- (b) Justify the role of a teacher in the counseling of children. (6marks)
3. (a) Explain the purpose of guidance and counseling programs in early childhood centers.  
(10marks)
- (b) Using relevant examples, distinguish between guidance and counseling. (10marks)
4. (a) Discuss significant stages in the counseling process. (10marks)
- (b) Discuss five types of counseling in learning institutions in Kenya today. (10marks)
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