
CHUKA



UNIVERSITY

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**EXAMINATION FOR THE AWARD OF
CERTIFICATE IN EARLY CHILDHOOD DEVELOPMENT**

ECDE 00244: MATERNAL HEALTH CARE AND THE CHILD

STREAM: CERTIFICATE ECDE

TIME: 2 HOURS

DAY/DATE: THURSDAY 9/04/2020

11.30 A.M - 1.30 A.M.

INSTRUCTIONS:

- **Answer Question ONE and any other Two Questions.**
- **Do not write on the Question paper**

1a) Define the following terms as used in maternal health care:

- i) Lighting
- ii) Antenatal care
- iii) Quickening [6 Marks]

b) Explain three types of birth locations. [6 Marks]

c) Discuss four major causes of malnutrition among young children today. [8 Marks]

d) Outline five problems that may be encountered by a breastfeeding mother. [5 Marks]

e) Discuss five services offered to the mother and the child during the post-natal clinic.

[5 Marks]

2.a) Discuss five potential health hazards of pregnancy. [10 Marks]

b) Define growth monitoring and outline its importance to child growth and development. [10 Marks]

3a) Explain the three stages of child birth. [9 Marks]

b) Explain the concept of weaning and identify the challenges faced during weaning. [8 Marks]

c) Highlight any three methods of family planning. [3 Marks]

4a) Discuss five factors that should be considered when starting a school feeding programme. [10 Marks]

b) Explain any five types of discomfort that may be experienced by an expectant mother. [10 Marks]

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