

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

IGEMBE CAMPUS

SECOND YEAR EXAMINATION FOR THE AWARD OF DEGREE
OF BACHELOR OF EARLY CHILDHOOD DEVELOPMENT & EDUCATION

ECDE 241: HEALTH AND NUTRITION EDUCATION FOR ECDE

STREAMS: ECDE P/T

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 15/04/2020

8.30 A.M. – 10.30 A.M.

INSTRUCTIONS: Answer question ONE and any other TWO

SECTION A

1. (a) Define the following terms:
 - (i) Health education [1 mark]
 - (ii) Immunization [1 mark]
 - (iii) Sanitation [1 mark]
- (b) State at least five elements of primary health care [5 marks]
- (c) Explain at least four importance of immunization [4 marks]
- (d) State five signs and symptoms of protein energy malnutrition [5 marks]
- (e) State the effects of HIV/AIDS to a child [5 marks]
- (f) State at least five general preventive measures to be put in place to prevent intestinal worms [5 marks]
- (g) Identify three importance of maintaining proper hygiene and sanitation [3 marks]

SECTION B

ECDE 241

2. (a) Discuss safety measures that teacher and parents are expected to put in place when children begin to explore their environment [10 marks]

(b) You have been invited as an ECDE expert to give lecture on road safety. Highlight at least five causes of road accidents and on how to use the road as a pedestrian. [10 marks]

Q3. (a) Explain in details ways of ensuring proper hygiene in an ECDE centre. [10 marks]

(b) Discuss factors that have contributed to modern rearing practices [10 marks]

4. (a) Briefly discuss nutritional needs at various stages of child growth up to 8 years [10 marks]

(b) Kwashiorkor is a protein deficiency disease that usually affects children aged between 5-6 years. State its signs and symptoms plus its management. [10 marks]
