

CHUKA



UNIVERSITY

**UNIVERSITY EXAMINATIONS
THARAKA CAMPUS**

EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF EDUCATION

EPSC 321: PRINCIPLES OF GUIDANCE AND COUNSELLING

STREAMS: Y3S2

TIME: 2 HOURS

DAY/DATE: THURSDAY 06/12/2018

8.30 A.M – 10.30 A.M

INSTRUCTIONS

- **Answer question one and any other questions.**
- **Do not write on the question paper**

1. (a) What is the meaning of the following terms.

- | | |
|------------------------|-----------|
| (i) Counselling | [3 marks] |
| (ii) Confidentiality | [3 marks] |
| (iii) Guidance | [3 marks] |
| (iv) Dual relationship | [3 marks] |

(b) State five functions of a teacher counselor . [5 marks]

(c) Explain the significance of guidance and counselling in Kenya's secondary schools.

[10

marks]

2. (a) Describe five resources necessary for effective guidance and counselling in secondary schools. [10 marks]

(b) Explain five non-verbal counselling skills. [10 marks]

3. (a) Discuss five advantages and five disadvantages of group counselling in schools.

[10

marks]

(b) Examine stages of psychosexual theory in relation to counselling. [10 marks]

4. Discuss the following skills and techniques in the process of guidance and counselling.

(i) Attending skills

(ii) Observation skills

(iii) Question and probing skills

(iv) Responding skills

(v) Empathic understanding

[20 marks]
