

**CHUKA**



**UNIVERSITY**

**UNIVERSITY EXAMINATIONS**

**EXAMINATION FOR THE AWARD OF DIPLOMA IN EDUCATION ARTS**

**REST 0222: BIBLICAL COUNSELLING**

**STREAMS: DIP. EDU SB**

**TIME: 2 HOURS**

**DAY/DATE: TUESDAY 07/08/2018**

**8.30 A.M. – 10.30 A.M.**

**INSTRUCTIONS:**

**SECTION I: ANSWER ALL QUESTIONS IN THIS SECTION**

1. (a) What is Biblical counseling? (5 marks)
- (b) Biblical counseling can be accomplished both informally and formally. Explain. (5 marks)
- (c) What are the most important therapeutic uses of scripture in counselling? (5 marks)
2. State and explain at least 5 key elements in biblical counseling. (15 marks)

**SECTION 2: ANSWER ANY TWO QUESTIONS**

3. (a) Explain the Jewish idea of a counsellor. (5 marks)
- (b) (i) Biblical counselors are motivated by the compassion of Christ. Mathew 9:36, 2 Cor. 5: 14-15 and by obeying the commands, John 14:4. They seek and to be salt and light in such a way that others see their good works and glorify their father in heaven. Matthew 5: 16. They also realize the significance of sin, Romans 3: 23, 6.23. From this point of view.

Explain why biblical counseling is superior to anything the world has to offer. (5 marks)

- (ii) The Bible is taken as counseling authority for mankind, this means that it is authoritative for faith. What are the dangers of integrating

(mixing) the

Bible with secular psychology.

(5 marks)

- (c) Explain the significance of Ephesians chapter 4: 17-25, and similar passages for biblical counseling. (5

marks)

4. (a) List ten attributes of God and explain how they relate to the believer's life and counselling. (10

marks)

- (b) Explain the terms below: (5 marks)

- (i) Inspiration
- (ii) Authority
- (iii) Infallibility
- (iv) Inherency
- (v) Sufficiency

- (c) Explain any five reasons why King David's middle life-crises continues to be repeated in lives of many men and women today. (5

marks)

5. (a) How can you help a counselee to overcome mid-life crises. (5 marks)

- (b) Warmth and genuine interest in people are qualities of a counsellor. Give a distinction between empathy and sympathy in counselling. (5

marks)

- (c) What kinds of peer pressure do adults face? (5 marks)

- (d) What kind of **involvement** should the counsellor avoid? (5 marks)