

CHUKA



UNIVERSITY

**RESIT/ SPECIAL EXAMINATIONS
EXAMINATION FOR THE AWARD OF
DIPLOMA IN EDUCATION**

EDCI 0212: HEALTH AND PHYSICAL EDUCATION

STREAMS: DIP (EDUC)

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 12/09/2018

8.30 AM – 10.30 AM

INSTRUCTIONS:

Answer all questions

1. a) Explain five dimensions of health. (10 marks)
b) Highlight the objectives of health education. (4 marks)
c) Explain how the biotic environment negatively affects human health. (6 marks)
2. Discuss five principles of an exercise programme design. (20 marks)
3. a) Describe three categories of drugs. (9 marks)
b) With suitable examples in each case, distinguish between depressants and stimulants. (4 marks)
c) Highlight the characteristics of drug abusers. (7 marks)
4. a) Describe the classification of human diseases based on the causal agents (15 marks)
b) Outline five measures undertaken in interrupting the route of transmission in the control of communicable diseases. (5 marks)
- 5.(a) (i) Define a vector. (2 marks)
(ii) Describe three human vector borne diseases. (9 marks)

- (b) (i) State three human diseases contracted through contact with sick animals or their products. (6 marks)
- (ii) State the causative agents of the diseases in b (i) above. (3 marks)
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