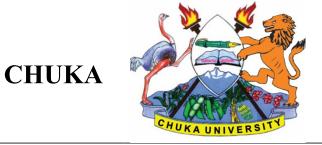
EDCI 201/212



UNIVERSITY

UNIVERSITY EXAMINATIONS

THARAKA CAMPUS

SECOND YEAR EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF **EDUCATION (ARTS)**

EDCI 201/212: HEALTH AND PHYSICAL EDUCATION

STREAMS: B.ED (ARTS)

TIME: 2 HOURS

11.30 A.M. – 1.30 P.M.

DAY/DATE: TUESDAY 07/08/2018

INSTRUCTIONS:

- Answer question ONE and any other TWO.
- Don't write on this question paper.

QUESTION ONE (30 MARKS)

(a)	Explain the following terms.	(6 marks)
	 (i) Good wealth (ii) Health education (iii) Pathogens 	
(b)	Explain how urbanization affects the environment and human health.	(4 marks)
(c)	State characteristics of communicable diseases.	(4 marks)
(d)	State the inherent risk factors to diseases.	(4 marks)
(e)	When is the body likely to accumulate excessive body fat?	(4 marks)
(f)	What are the uses of medicines?	(2 marks)
(g)	State the procedure for exercise performance in workout.	(3 marks)
(h)	How can we take good care of environment?	(3 marks)

QUESTION TWO (20 MARKS)

(a)	Explain the main disorders of white blood cells.	(6 marks)
(b)	Discuss the participation of health.	(10 marks)
(c)	Discuss cholera disease under the following heading.	
	Cause Effect Control	(1 mark) (2 marks) (1 mark)

QUESTION THREE (20 MARKS)

(a)	Discuss the aspects of fitness directed towards improvement of motor skills. (10 marks)			
(b)	Explain some negative effects of using family planning based on pills.	(4 marks)		
(c)	Discuss factors which may lead students to abuse drugs.	(6 marks)		
QUESTIN FOUR (20 MARKS)				
(a)	Discuss psychological and sociological benefits of exercises.	(10 marks)		
(b)	Differentiate between etiology and epidemiology.	(2 marks)		
(c)	Discuss four main ways of transmitting diseases.	(4 marks)		
(d)	Explain how physical fitness can be ensured.	(4 marks)		