

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**FOURTH YEAR EXAMINATION FOR THE AWARD OF DEGREE
OF BACHELOR OF EDUCATION IN EARLY CHILDHOOD EDUCATION**

ECDE 425: GUIDANCE AND COUNSELLING

STREAMS: BED (ECDE) Y4S2

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 11/4/2018

8.30 A.M. – 10.30 A.M.

INSTRUCTION: ANSWER QUESTION ONE AND ANY OTHER TWO

QUESTION ONE

- (a) Distinguish between these terms:
- (i) Guidance and counseling [6 marks]
 - (ii) Psychotherapy and psychiatry of children [2 marks]
 - (iii) Psychology and children psychology [2 marks]
- (b) What is the importance of guidance and counseling to children. [10 marks]
- (c) Describe any five principles of non-directive play therapy by Virginia Axline in counseling children. [10 marks]

QUESTION TWO

- (a) Discuss any five principles of counseling children. [10 marks]
- (b) Justify why counseling is the heart of psychotherapy in counseling children. [5 marks]
- (c) Discuss any five roles of an effective child guide/counselor. [5 marks]

QUESTION THREE

- (a) Show the relevance of narrative theory in counseling children. [10 marks]
- (b) Identify any five principles of guidance used in child therapy. [10 marks]

QUESTION FOUR

Show how the following child therapies are used in guiding and counseling children.

- (a) Gestalt therapy with use of media and fantasy. [5 marks]
- (b) Neuro-linguistic programming. [5 marks]
- (c) Time limited play therapy. [5 marks]
- (d) Integrative psychotherapy. [5 marks]