

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF EDUCATION
(EARLY CHILDHOOD DEVELOPMENT)**

ECDE 325: METHODS OF TEACHING HEALTH AND NUTRITIONAL EDUCATION

STREAMS:BED ECDE

TIME: 2 HOURS

DAY/DATE: TUESDAY 10/04/2018

8.30 A.M – 10.30 A.M

INSTRUCTION:

- **Answer question one and any three questions**

1. (a) Explain the following terms
(i) Health
(ii) Disease
(iii) Nutrition [6marks]
(b) List three communicable diseases and state how they can be prevented. [6marks]
(c) State any three causes of nose bleeding. [3marks]
(d) Describe two child rearing practices. [4marks]
(e) Explain four immunizable diseases. [4marks]
(f) Highlight two methods of teaching health and nutrition education. [2marks]
2. (a) Highlight five benefits of primary health care to school community. [10marks]
(b) Describe five factors which lead to nutritional diseases. [5marks]
3. (a) Analyze three ways of reducing obesity among children. [6marks]
(b) State three benefits of scheme work to the teacher. [3marks]

- (c) Suggest six ways of enhancing a child's safety at school. [6marks]
4. (a) Discuss three functions of calcium. [6marks]
- (b) Explain three of benefits teaching health and nutrition in ECDE. [6marks]
- (c) Explain three causes of suffocation. [3marks]
5. (a) Discuss five services offered in material child health care clinic. [10marks]
- (b) Explain five measures schools can take to ensure safety among children in ECDE. [5marks]
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