

**CHUKA**



**UNIVERSITY**

**UNIVERSITY EXAMINATIONS**

**EMBU CAMPUS**

**EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF EDUCATION  
IN ECDE**

**ECDE 325: METHODS OF TEACHING HEALTH AND NUTRITIONAL EDUCATION**

**STREAMS: B.ED (ECDE) Y3S2 SB**

**TIME: 2 HOURS**

**DAY/DATE: THURSDAY 12/04/2018**

**2.30 P.M. – 4.30 P.M.**

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**INSTRUCTIONS:**

- Answer question ONE and any other THREE questions.
- Do not write on the questions paper.

**QUESTION ONE**

- (a) State five things that hinders learning among young children. (5 marks)
- (b) Discuss the following teaching and learning approaches in health and nutritional education.
- (i) Expository approach. (10 marks)
- (ii) Heuristic approach. (10 marks)

**QUESTION TWO**

- (a) Identify the meaning of the following terms:
- (i) Syllabus (2 marks)
- (ii) Programme of activities (2 marks)
- (iii) Timetable (2marks)
- (b) Discuss three factors an ECDE teacher should consider when selecting the materials for teaching health and diseases to pre-school children. (9 marks)

**QUESTION THREE**

- (a) Highlight four characteristics of a good video programme for young children. (4 marks)
- (b) Outline three types of resources for teaching health and diseases to pre-school children. (3 marks)
- (c) Explain four purposes of teaching and learning resources in an ECDE class. (8 marks)

**QUESTION FOUR**

- (a) Explain the meaning of micro-teaching. (3 marks)
- (b) Discuss the following skills to be practiced during micro-teaching.
  - (i) Active participation. (3 marks)
  - (ii) Guided activity. (3 marks)
  - (iii) Relevant experiences. (3 marks)
- (c) Identify three roles of the teacher trainer during the micro teaching exercise. (3 marks)

**QUESTION FIVE**

- (a) Explain three importance of a health and nutrition daily programme of activities. (6 marks)
  - (b) Discuss the following methods of teaching health and nutrition in ECDE.
    - (i) Role play. (3 marks)
    - (ii) Demonstration. (3 marks)
  - (c) Highlight three qualities of stories that are used for teaching young children health and diseases. (3 marks)
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