# **CHUKA**



# UNIVERSITY

## **RESIT/ SPECIAL EXAMINATIONS**

# EXAMINATION FOR THE AWARD OF BACHELOR OF SCIENCE IN COMMUNITY DEVELOPMENT

**CDEV 342: MATERNAL AND CHILD HEALTH** 

STREAMS: BSC (CDEV) TIME: 2 HOURS

DAY/DATE: THURSDAY 26/07/2018 2.30 PM – 4.30 PM

#### **INSTRUCTIONS:**

### Answer Question One and any other Two

(a) Define and differentiate the following terms

[8 marks]

- (i) Pre natal and post natal care
- (ii) Infant mortality and maternal mortality
- (iii) Health and maternal health
- (iv) Sex and gender
- (b) Using examples, explain any five benefits of weaning babies.

[10 marks]

(c) Explain any three types of breast feeding.

[6 marks]

(d) Explain any three strategies for health promotion according to the Ottawa charter for health promotion. [6 marks]

#### **SECTION B**

#### Question Two - 20 marks

- (a) Identify and explain any five health and nutritional problems a mother may experience during pregnancy. [10 marks]
- (b) Explain reasons why development actors are interested in the health of mothers and children in achieving health outcomes. [10 marks]

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# **Question Three – 20 marks**

- (a) Pregnant mothers require increased nutrients than any other time. Discuss [15 marks]
- (b) Highlight any five millennium development goals. [5 marks]

## **Question Four – 20 marks**

- (a) Explain strategies that your County Government can use to reduce infant mortality and morbidity. [10 marks]
- (b) Explain any five activities that are carried out during post-natal care. [10 marks]

## **Question Five – 20 marks**

- (a) Explain any five signs and symptoms that indicate a pregnancy is at risk. [10 marks]
- (b) Use appropriate examples to explain factors that have contributed to decreased incidences of infant mortality in Kenya. [10 marks]

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