

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**THIRD YEAR EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF
SCIENCE IN COMMUNITY DEVELOPMENT**

CDEV 334: FAMILY THERAPY AND COUNSELLING I

STREAMS: BSC. COMMUNITY DEVELOPMENT

TIME: 2 HOURS

DAY/DATE: THURSDAY 12/04/2018

2.30 P.M. – 4.30 P.M.

INSTRUCTIONS:

- **ANSWER QUESTION ONE AND ANY OTHER TWO**

1. (a) Describe the processes that families follow to resolve conflicts. (10 marks)
(b) How can a suicidal family member be identified? Describe any five warning signs of suicide. (10 marks)
(c) Evaluate the functions of family in the context of contemporary society. (10 marks)
 2. With reference to any five stages, explain the clinical significance of family developmental stages. (20 marks)
 3. Discuss with relevant examples, any five causes of stress in families. (20 marks)
 4. With the use of examples, examine the application of any five techniques of family therapy. (20 marks)
 5. Describe any ten goals of counselling and explain their significance to family therapy. Use examples. (20 marks)
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