

CHUKA



UNIVERSITY

**UNIVERSITY EXAMINATIONS
CHUKA/EMBU**

**EXAMINATION FOR THE AWARD OF DIPLOMA IN COMMUNITY
DEVELOPMENT**

CDEV 0120: ESSENTIAL ELEMENTS IN COUNSELLING

STREAMS:DIP CDEV Y1S1

TIME: 2 HOURS

DAY/DATE: TUESDAY 17/04/2018

2.30 P.M – 4.30 P.M

INSTRUCTION:

- **Answer question one and any other two questions**

1. (a) Define these terms:

(i) Psychotherapy [2marks]

(ii) Psychiatry [2marks]

(iii) Psychology [2marks]

(b) Differentiate between guidance and counseling in relation to community counseling. [12marks]

(c) Describe how the following counseling skills helps the counselor in helping clients in the community to achieve therapeutic counseling goals.

(i) Unconditional positive regard. [3marks]

(ii) Listening [3marks]

(iii) Referral [2marks]

(iv) Termination [2marks]

(v) Communication. [2marks]

2. (a) Show the relevance of attending skill (SOLER) by Gerald Egan in counseling practice. [10marks]
- (b) Discuss the major five basic counseling ethics that community counselors should uphold. [10marks]
- (c) In reference to family systems theory show the major sub-systems that a community in helping clients in family counseling.
3. (a) Identify any five qualities of an effective community counselor. [5marks]
- (b) Discuss the community counselor as a person and as a professional. [5marks]
- (c) Describe the existential theory of counseling. [10marks]
4. (a) Show the relevance of the following counseling theories in helping people in the community achieved therapeutic goals.
- (i) Psychoanalytic theory. [5marks]
- (ii) Humanistic theory of Maslow. [5marks]
- (b) Discuss any five dimensions of counseling in the community. [10marks]
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