

EPSC 321

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

CHUKA, ISEMBE AND THARAKA CAMPUSES

EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF EDUCATION
(ARTS)

EPSC 321: PRINCIPLES OF GUIDANCE AND COUNSELLING

STREAMS: B.ED (ARTS) LIII BII

TIME: 2 HOURS

DAY/DATE: FRIDAY 8/12/2017

2.30 P.M - 4.30 P.M.

INSTRUCTIONS:

- Answer Question ONE and any other THREE Questions
- Do not write anything on the question paper

QUESTION ONE [25 MARKS] - COMPULSORY

(a) Define the following terms

- (i) Counseling [2 Marks]
- (ii) Guidance [2 Marks]

(b) State four principles of guidance and counseling. [4 Marks]

(c) Describe five functions of a teacher counselor. [5 Marks]

(d) Explain four roles/significance of guidance and counseling. [8 Marks]

(e) Explain the following core-conditions of counseling

- (i) Congruence of Genuineness. [2 Marks]
- (ii) Unconditional Positive Regard (UPR) [2 Marks]

QUESTION TWO [15 MARKS]

(a) Describe how you can conduct individual and group counseling in secondary schools. [10 Marks]

(b) State advantages and disadvantages of individual and group counseling in schools. [5 Marks]

QUESTION THREE [15 MARKS]

Discuss the following skills and techniques in the process of guidance and counseling

- (i) Empathic understanding [3 Marks]
- (ii) Attending skills [3 Marks]
- (iii) Observation [3 Marks]
- (iv) Question and probing skill [3 Marks]
- (v) Responding skill [3 Marks]

QUESTION FOUR [15 MARKS]

- (a) State four factors underlying psychological and social problems of adjustment of individual students. [4 Marks]
- (b) Explain the role of psychological counseling in assisting students with personal psychological problems. [5 Marks]
- (c) Discuss three roles of parents in guidance and counseling of students/children. [6 Marks]

QUESTION FIVE

- (a) What is vocational guidance? [2 Marks]
 - (b) Describe five informational requirements to students from a career counselor in the process of career guidance and counseling. [10 Marks]
 - (c) State three components of a career counseling centre. [3 Marks]
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