

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

SECOND YEAR EXAMINATION FOR THE AWARD OF DEGREE OF  
BACHELOR OF EDUCATION (ECDE)

ECDE 241: HEALTH AND NUTRITION FOR ECDE

STREAMS: BED (ECDE)

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 06/12/2017

11.30 A.M. – 1.30 P.M.

**INSTRUCTIONS:**

- ANSWER QUESTION ONE AND ANY OTHER TWO QUESTIONS
- DO NOT WRITE ON THE QUESTION PAPER

1. (a) Briefly explain the following terms as used in the health and nutrition for ECDE.
    - (i) Weaning process
    - (ii) Malnutrition
    - (iii) Nutrition
    - (iv) Immunization
    - (v) Health [10 marks]
  - (b) In Kenya, one strategy of improving Health and Nutrition among the young children has been the introduction of School Feeding Programme. Discuss five (5) benefits of this programme. [10 marks]
  - (c) Malaria is a common disease in Kenya, it is especially dangerous to small children below five years as it hinders their school attendance. Briefly describe how it can be prevented. [10 marks]
2. Explain how you would handle and counsel an HIV infected child in your ECDE class. [4 marks]
    - (a) Describe eight (8) points showing the impact of HIV/AIDS in ECDE centres. [16 marks]

**ECDE 241**

3. (a) Explain the meaning of the following terms as used in maternal and Child Health Care services.
- (i) Prenatal care
  - (ii) Postnatal care [10 marks]
- (b) Citing examples, explain five (5) dangers of illegal and social drugs to the unborn child. [10 marks]
4. Imagine you have been asked to interview and recruit a house help for a certain household. What would you look out for in such a person? [20 marks]
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