

**CHUKA**



**UNIVERSITY**

**UNIVERSITY EXAMINATIONS  
EMBU CAMPUS**

**EXAMINATION FOR THE AWARD OF DIPLOMA IN EDUCATION ARTS**

**EPSC 0311: GUIDANCE AND COUNSELLING**

**STREAMS:DIP EDUC Y3S1**

**TIME: 2 HOURS**

**DAY/DATE:**

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**INSTRUCTIONS:**

- **Answer question one and any other two questions**

1. (a) Make a distinction between :
  - (i) Guidance and counseling [10marks]
  - (ii) Psychology and psychotherapy. [10marks](b) Explain the relevance of the following counseling techniques and skills in counseling practice:
  - (i) Summarizing [2marks]
  - (ii) Referral [2marks]
  - (iii) Minimal prompts [2marks]
  - (iv) Self disclosure [2marks]
  - (v) Termination [2marks]
2. (a) Explain the tenets of multimodal counseling theory and its relevance to counseling clients. [10marks]

- (b) Justify the choice of existential theory of counseling a suicidal client than taking a behavioral perspective. [10marks]
3. (a) Why are the core conditions of person centered theory relevant in counseling a client? [10marks]
- (b) Identify any five sub-systems of family system theory and show who have family issues. [10marks]
4. (a) Why is guidance and counseling education offered to Kenyan secondary school teachers today? [8marks]
- (b) Identify any three key principles of counseling. [6marks]
- (c) Identify three key stages of counseling. [6marks]
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