

CHUKA



UNIVERSITY

## UNIVERSITY EXAMINATIONS

### EXAMINATION FOR THE AWARD OF MASTER OF SCIENCE IN NURSING

#### NUWM 844: ADVANCED MIDWIFERY III: POSTPARTUM NURSING AND PRACTICUM

STREAMS: MSC (NURS) Y2T2

TIME: 3 HOURS

DAY/DATE: WEDNESDAY 07/8/2019

2.30 A.M. – 5.30 P.M

#### INSTRUCTIONS:

- Do not write anything on the question paper
- Mobile phones and any other reference materials are NOT allowed in the examination room
- The paper has four questions. All the questions are compulsory
- Number ALL your answers and indicate the order of appearance in the space provided in the cover page of the examination answer booklet

#### QUESTION ONE

Postpartum period is depicted as a joyful time for mother, but in some cases it can be a time of calamity. Postpartum Depression (PPD) in women after childbirth is a common occurrence.

Discuss PPD under the following:

- |                          |            |
|--------------------------|------------|
| (i) Predisposing factors | [5 marks]  |
| (ii) Nursing management  | [12 marks] |
| (iii) Medical management | [3 marks]  |

#### QUESTION TWO

Discuss the signs that you should assess during each postnatal care contact, and the newborn should be referred for further evaluation if any of the signs is present. [20 marks]

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### QUESTION THREE

Discuss the benefits of exclusive breastfeeding over the mixed feeding for the first six months of life for the infant and to the mother. [20 marks]

### QUESTION FOUR

All postpartum women should have regular assessment during the first 24 hours starting from the first hour after birth. Describe the first postnatal assessment of a mother. [20 marks]

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