

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**EXAMINATION FOR THE AWARD OF DEGREE OF
BACHELOR OF ARTS IN SECURITY STUDIES**

CRSS 320: GROUP THERAPY FOR OFFENDERS

STREAMS: BA (CRSS)

TIME: 2 HOURS

DAY/DATE: TUESDAY 03/12/2019

11.30 AM – 1.30 PM

INSTRUCTIONS:

Answer Question One and any other Two Questions

1. (a) Kiama is one of the inmates in Meru GK prison. Before his imprisonment he was a drug user, with Heroin and cocaine addictions. He has been rejected by family and friends because of drug use and stealing habits. He is due to be released in eight months but is frightened that he will fall right back into his bad behavior. As his case manager, discuss techniques you can apply to help him reach beyond his former situations. [10 marks]
- (b) Using relevant illustrations, explain five (5) guidelines that a group therapist may follow when serving multicultural populations. [10 marks]
- (c) Describe five (5) personal characteristics of a group leader that may affect effectiveness in stimulating growth and change in his clients. [10 marks]
2. (a) Explain five therapeutic factors of a group therapy. [10 marks]
- (b) Describe five (5) ways anger can lead to failure of group processes. [10 marks]
3. Write short notes on each of the stages of group formation in group therapy. [20 marks]
4. (a) Describe five (5) characteristics of an effective working group. [10 marks]
- (b) Communication is an essential recipe for group therapy. Describe five roadblocks to effective communication. [10 marks]

5. (a) Illustrate challenges that a group leader may face in the course of duty. [10 marks]
- (b) Discuss five guidelines for ethical and professional standards you will be required to follow in your as a therapist. [10 marks]
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