CHUKA



UNIVERSITY

# UNIVERSITY EXAMINATIONS

## EXAMINATION FOR THE AWARD DEGREE OF MASTER OF NURSING

### NURS 132: COMMUNICATION AND COUNSELLING

#### **STREAMS:**

**TIME: 3 HOURS** 

#### DAY/DATE: WEDNESDAY 4/12/2019

### 8.30 A.M – 11.30 A.M

## INSTRUCTIONS SECTION ONE (Answer ALL QUESTIONS)

(a) Differentiate between;	
(i) Verbal communication and non verbal communication	
(ii) Therapeutic communication and non therapeutic communication	
(iii) Sympathy and Empathy	
(b) Explain any six categories of communication barriers.	[6 marks]
(c) Outline the six step process of counselling.	[6 marks]
(d) List five qualities of a good counselor.	[5 marks]
(e) List five unethical behaviour that are not allowed in the counselling profession.	
[5 marks]	
(f) List and briefly explain the elements of communication.	[5 marks]
(g) Identify and explain any seven forms of non verbal communication.	[7 marks]

## SECTION TWO (ANSWER ANY TWO QUESTIONS)

## QUESTION TWO (15 MARKS)

Using a well labelled diagram explain Maslow's Hierarchy of needs theory.

## **QUESTION THREE (15 MARKS)**

Explain the following terms used in the psychoanalytic theory.

- (i) Id
- (ii) Ego
- (iii) Super Ego

## **QUESTION FOUR (15 MARKS)**

Discuss the SOLER approach as used in communication.

\_\_\_\_\_