
CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**SECOND YEAR EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR
OF SCIENCE IN NURSING**

NURU 263: PEDIATRIC AND CHILDHEALTH NURSING I

STREAMS: BS.c NURSING (Y2S1)

TIME: 2 HOURS

DAY/DATE: FRIDAY 9/8/2019

8.30 A.M - 10.30 A.M.

INSTRUCTIONS

- Do not write anything on the question paper
- Mobile phones and any other reference materials are **NOT** allowed in the examination room
- This paper has three (3) sections. **ALL** the questions are compulsory
- All your answers for Section I (MCQs) should be on the first page of the answer booklet
- Number **ALL** your answers and indicate the order of appearance in the space provided in the cover page of your answer booklet.
- Write your answers legibly and use your time wisely

SECTION I: MULTIPLE CHOICE QUESTIONS. [10 MARKS]

1. According to Erickson's psychosocial stages of development, initiative vs guilt is in which category of children?
 - (a) 6-12 years
 - (b) 3-6 years
 - (c) 12-19 years
 - (d) 1-3 years
2. The following are danger signs expect
 - (a) Difficulty in breathing
 - (b) Vomiting everything
 - (c) Lethargy
 - (d) Inability to breastfeed

3. While providing nursing care to children, the nurse may practice atraumatic care by:
 - (a) Allowing the child to play in the ward
 - (b) Avoiding giving injections to the child
 - (c) Incorporating the child's routine in care
 - (d) Allowing the child to hold some of the equipments being used on them
4. The elements of past health history that are taken in children but not in adults include:
 - (a) Prenatal, natal, weight change, bonding
 - (b) Prenatal, natal, neonatal, bonding
 - (c) Weight change, neonatal, pregnancy, drug allergies
 - (d) Prenatal, drug allergies, bonding, neonatal
5. A pediatric nurse advises a parent how to best convey the circumstances surrounding the sudden death of an infant to a four-year sibling. The nurse anticipates that the sibling:
 - (a) May feel guilty about the infant's death
 - (b) May mistrust the parent
 - (c) Understands the permanence of death
 - (d) Will role-play the infant's death
6. A one-month-old female infant, who has developmental dysplasia of the hip, is placed in a hip spica cast. The infant's mother expresses the desire to continue breastfeeding. The pediatric nurse's best response is:
 - (a) "After breastfeeding, hold your baby upright for 45 minutes".
 - (b) "Due to the weight of the cast, breastfeeding is not encouraged. I recommend that you bottle-feed expressed breast milk so your baby will get the benefits of the breast milk".
 - (c) "Feed your baby 2 oz of formula to decrease her hunger frustration, and then place her upright in your lap with her legs straddling your leg."
 - (d) "To breastfed, hold your baby under your arm, with her facing you and her legs extended behind your back".
7. In preparing a preschool-age patient for an injection, the most appropriate nursing intervention is to:
 - (a) Coordinate the patient watching a peer receive an injection
 - (b) Allow the patient to administer an injection to a doll
 - (c) Have the parents explain the process to the patient
 - (d) Suggest diversionary activities like singing
8. In the 1st week of life, the weight of a normal child may decrease by:
 - (a) 5-10%
 - (b) 5%
 - (c) 8%
 - (d) 8-10%

9. A mentally retarded school age child with the mental age of a toddler would be having an IQ of:
- (a) <20
 - (b) 20-40
 - (c) 35-55
 - (d) 50-70
10. When vomiting is uncontrolled in an infant, the nurse should observe for signs of:
- Tetany
 - Acidosis
 - Alakalosis
 - Hypersensitivity

SECTION II: SHORT ANSWER QUESTIONS [40 MARKS]

- 1. State eight (8) rights of children. [8 Marks]
- 2. Explain six (6) elements of family-centered care.(FCC) [6 Marks]
- 3. State five (5) signs of dehydration n as per Integrated Movement of Childhood Illnesses. (IMCI) [5 Marks]
- 4. Explain seven (7) modalities a nurse can use to minimize the stresses of the child’s hospitalization on the child and the family. [7 Marks]
- 5. Describe four (4) common parameters of measuring growth. [8 Marks]
- 6. Describe the classification pneumonia as per Integrated Movement of Childhood Illnesses. (IMCI). [6 Marks]

SECTION III: LONG ANSWER QUESTIONS. [20 MARKS]

A 4-year old child is admitted in the ward with failure to thrive.

- (a) Describe five (5) factors that influence a child’s physical growth and development. [10 Marks]
 - (b) Explain the five (5) principles of growth and development for children. [10 Marks]
-