

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

FIRST YEAR EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF SCIENCE IN NURSING

NURU 191: FUNDAMENTALS OF NURSING PRACTICE I

STREAMS: BSC (NURS) YISI

TIME: 2 HOURS

DAY/DATE: MONDAY 05/08/2019

8.30 AM – 10.30 AM

INSTRUCTIONS:

- **Do NOT write anything on the question paper**
- **Mobile phones and any other reference materials are NOT allowed in the examination room**
- **The paper has three sections. Answer ALL the questions**
- **All your answers for section 1 (MCQs) should be on one page**
- **Number ALL your answers and indicate the order of appearance in the space provided in the cover page of the examination answer booklet**
- **Write your answers legibly and use your time wisely**

A: MULTIPLE CHOICE QUESTIONS (10 MARKS)

1. In 1951 King George Hospital was approved by the Nursing Council of Kenya (NCK) to train which cadre of nurses?
 - (a) Enrolled nurses
 - (b) Registered nurses
 - (c) Kenya registered midwives
 - (d) Kenya Registered Community Health Nurses
2. What historic event in the 20th century led to an increased emphasis on nursing and broadened the role of nurses?
 - (a) Religious reform
 - (b) Crimean War
 - (c) World War II
 - (d) Vietnam War

3. A professional nurse with a commitment to upholding the principle of autonomy is most apt to do the following
 - (a) Provide honest information to patients and the public
 - (b) Promote universal access to healthcare
 - (c) Plan care in partnership with patients
 - (d) Document care accurately and honestly

4. Nurse working in the surgical ward learns that a patient is having terminal illness but the spouse warns that he should not be told. In this case the nurse is facing;
 - (a) A breach of duty
 - (b) Corruption issues
 - (c) An ethical dilemma
 - (d) An ethical principle

5. A client with myocardial ischemia develops a sudden episode of respiratory distress and the nurse starts oxygen administration immediately. In this situation
 - (a) Oxygen had not been prescribed and should not be given
 - (b) The nurse's observations were sufficient to begin oxygen administration
 - (c) The symptoms were too vague for the nurse to diagnose a need for oxygen administration
 - (d) The nurse should have called the Doctor first to assess the patient and prescribe oxygen

6. A home health nurse has been visiting a patient with AIDS who says, - I'm no longer afraid of dying. I think I've made my peace with everyone, and I'm actually ready to move on. This reflects his progress to which stage of death and dying?
 - (a) Acceptance
 - (b) Anger
 - (c) Bargaining
 - (d) Denial

7. What type of authority regulate nursing?
 - (a) International standards and codes
 - (b) Nurse professional associations
 - (c) State nursing practice Acts
 - (d) Organizational policies and protocols

8. Which of the following is the most appropriate pulse point in case of emergency?
 - (a) Brachial
 - (b) Radial
 - (c) Femoral
 - (d) Carotid sites

9. After taking history from a mother of a child who was admitted for surgery, she gives you some medication for throat infection for the son and tells you to administer them before bed time. What would be your appropriate response?
 - (a) I will surely give the medication
 - (b) Did you ask the Doctor if your son could have the medication tonight?

- (c) The Doctor must be aware of your son's infection
 - (d) I will ask your doctor to write an order for this medication before I give it to your son
10. Which of the following are parenteral medications?
- (a) Intradermal, intravenous, subcutaneous
 - (b) Intramuscular, intrathecal, intradermal
 - (c) Intramuscular, topical, intravenous
 - (d) Intramuscular, sublingual, subcutaneous

SHORT ANSWER QUESTIONS (40 MARKS)

- 1. Define nursing as per Virginia Henderson. [2 marks]
- 2. State five (5) advantages of Computerized Documentations. [5 marks]
- 3. Outline eight (8) benefits of Nursing Process. [8 marks]
- 4. State six (6) benefits of theories to the Nursing practice. [6 marks]
- 5. Explain five (5) components of a nursing care plan. [5 marks]
- 6. Explain the four (4) classification of environmental stimuli according to calister Roy's adaptation model of nursing. [8 marks]
- 7. Describe the three types of nursing systems identified Dorothea Orem. [6 marks]

LONG ANSWER QUESTION (20 MARKS)

- 1. (a) State six (6) characteristics of a profession. [6 marks]
 - (b) Describe four (4) barriers of professionalism in nursing. [8 marks]
 - (c) State six (6) functions of the nursing council of Kenya (NCK). [6 marks]
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