

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

EXAMINATION FOR THE AWARD OF DIPLOMA IN COMMUNITY DEVELOPMENT

CDEV 0120: ESSENTIAL ELEMENTS IN COUNSELLING

STREAMS: DIP CDEV

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 11/12/2019

2.30 P.M – 4.30 P.M

INSTRUCTIONS

Answer question one and any other two questions.

QUESTION ONE

- (a) Define the term counselling. [2 marks]
- (b) Differentiate counselling with these process below. [6 marks]
 - (i) Guidance
 - (ii) Psychiatry
- (c) Explain any five skills of counselling. [10 marks]
- (d) Briefly describe the psychoanalytic theory including two techniques of counselling. [4 marks]
- (e) Explain any two techniques of psychoanalysis counselling [4 marks]
- (f) List any four roles of a counselor. [4 marks]

QUESTION TWO

- (a) Mention any five ethics of counselling. [10 marks]
- (b) Briefly describe family counselling [4 marks]
- (c) (i) Define behaviour therapy. [2 marks]
 - (ii) Mention 2 techniques of behavioral therapy. [4 marks]

QUESTION THREE

- (a) Briefly describe group counselling [5 marks]
- (b) Indicate 5 instances where counselling is needed. [5 marks]
- (c) Explain any five principles of counselling. [10 marks]

QUESTION FOUR

- (a) Differentiate these terms as used in counselling ethics
 - (i) Contract and report [4 marks]

- (ii) Confidentiality and dual relationship. [4 marks]
 - (iii) Beneficence and maleficence [4 marks]
 - (b) Outline 4 reasons why a counsellor may refer a client . [8 marks]
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