

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**EXAMINATION FOR THE AWARD OF
CERTIFICATE IN COMMUNITY DEVELOPMENT**

CDEV 00120: INTRODUCTION TO COUNSELLING

STREAMS: CERT (CDEV)

TIME: 2 HOURS

DAY/DATE: TUESDAY 10/12/2019

8.30 AM – 10.30 AM

INSTRUCTIONS:

Answer Question One and any other Two Questions

1. Using example, define the following term: [4 marks]
 - (a) Counselling
 - (b) Describe the various counselling techniques. [10 marks]
 - (c) Mention any eight aims/benefits of counseling. [8 marks]
 - (d) Describe the role of the counselor in the counselling process. [8 marks]

SECTION B

2.
 - (a) Explain three models of counseling. [6 marks]
 - (b) State three fields of counseling. [6 marks]
 - (c) Explain the unethical behavior from a counselor. [8 marks]
3.
 - (a) Explain the ethical behavior from a counselor. [8 marks]
 - (b) What is post-traumatic counseling? Give an example. [10 marks]
4.
 - (a) Discuss three types of client in counseling. [10 marks]
 - (b) Explain five counseling skills. [10 marks]

5. (a) Discuss five qualities of a good counselor. [10 marks]
- (b) Discuss five attending behaviors a counselor should have. [10 marks]
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