

CHUKA



UNIVERSITY

**UNIVERSITY EXAMINATIONS
THARAKA UNIVERSITY COLLEGE**

**FIRST YEAR EXAMINATION FOR THE AWARD OF CERTIFICATE
IN COMMUNITY DEVELOPMENT**

CDEV 00106: FUNDAMENTALS OF COMMUNITY HEALTH

STREAMS: CERT. CDEV

TIME: 2 HOURS

DAY/DATE: MONDAY 09/12/2019

11.30 A.M. – 1.30 P.M.

INSTRUCTIONS: Answer question ONE and any other TWO questions

QUESTION ONE (30 MARKS)

- (a) Briefly define the following terms used in community health [6 marks]
 - (i) Health
 - (ii) Health education
 - (iii) Community Health worker
- (b) What are reasons for studying community health education? [4 marks]
- (c) Using appropriate examples, explain five impacts of culture on health [10 marks]
- (d) With the use of suitable examples, explain five roles of community health workers [10 marks]

QUESTION TWO (20 MARKS)

- (a) Discuss the stages of illness behavior [10 marks]
- (b) Define the meaning of the term health centre and give its suitable characteristics [10 marks]

QUESTION THREE (20 MARKS)

- (a) Most of the youths are engaging into drug abuse activities. What are the impacts of drug abuse to the youths? [10 marks]

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- (b) State five advantages of home nursing [5 marks]
- (c) Highlight the common health issues in our communities today [5 marks]

QUESTION FOUR (20 MARKS)

- (a) Using appropriate examples, state and explain five food group categories [10 marks]
- (b) Highlight the helpful mealtime hints for school going children [5 marks]
- (c) Highlight the helpful mealtime hints for pre-school age children [5 marks]

QUESTION FIVE (20 MARKS)

- (a) Using suitable examples, explain traditional and modern methods of disease prevention [10 marks]
 - (b) Highlight roles of home health nurse [5 marks]
 - (c) State the barriers in home health nursing [5 marks]
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