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CHUKA



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**UNIVERSITY EXAMINATIONS  
EMBU**

**EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF EDUCATION  
(ECDE)**

**ECDE 445: GUIDANCE AND COUNSELLING**

**STREAMS: PART TIME**

**TIME: 2 HOURS**

**DAY/DATE: WEDNESDAY 4/12/2019**

**2.30 P.M – 4.30 P.M**

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**INSTRUCTIONS**

**Answer question one and any other two**

1. (a) Using examples, distinguish between guidance and counselling. [6 marks]  
(b) Explain the rationale of guidance and counselling among children.  
[10 marks]  
(c) Describe three principles of guidance and counselling. [6 marks]  
(d) Highlight five characteristics of a good counsellor. [5 marks]  
(e) Explain three ethical considerations during counselling process. [3 marks]
2. (a) Discuss five counselling techniques appropriate for young children. [10 marks]  
(b) Explain the purpose of guidance and counselling programs in early childhood centers.  
[10 marks]
3. (a) Justify the role of a teacher in the counselling of children.  
(b) As a preschool teacher discuss challenges you are likely to counter during the counselling process of young children. [10 marks]
4. (a) "Peer counselling is an important component of children's behaviour modification discuss. [10 marks]  
(b) Explain strategies a preschool teacher would use to assist emotionally disturbed children. [10 marks]
5. (a) Discuss five rights of a counselee during a counselling process. [10 marks]

(b) Using examples describe five counselee non verbal cues likely to indicate distress.

[10

marks]

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