

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**THIRD YEAR EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF
EDUCATION (EARLY CHILDHOOD EDUCATION)**

ECDE 341: MATERIAL AND CHILD HEALTH CARE

STREAMS: BED(ECDE) Y3S1

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 11/12/2019

2.30 P.M – 4.30 P.M

INSTRUCTIONS

Answer question ONE and any other TWO questions.

1. (a) Briefly explain the following terms and concepts as used in this unit.

- (i) Nutrition
- (ii) Nutrients
- (iii) Malnutrition
- (iv) Weaning
- (v) Immunization
- (vi) Plant proteins
- (vii) Animal proteins
- (viii) First aid
- (ix) Mineral salts
- (x) Growth monitoring process.

[20 marks]

(b) Describe how the listed five (5) commonly experienced accidents in an ECDE center can be prevented /controlled by an ECDE teacher.

- (i) Nose bleeding
- (ii) Fainting
- (iii) Choking
- (iv) Bites and stings

- (v) Snake bites
2. Your head teacher invites you to a parent's day meeting and decides to give you a chance to talk to parents about foods that children need in order to grow strong and healthy. What advise would you give to such a gathering on nutritional needs of children aged;
- (i) Birth to 6 months
 - (ii) 7 months to one year
 - (iii) 13 month to 24 months
 - (iv) 2 years to 4 years
 - (v) 4 years to 8 years. [20 marks]
3. (a) As an ECDE teacher, how would you handle and counsel an HIV infected child at an ECDE centres. [8 marks]
- (b) Discuss eight indicators which clearly reveal the impact of HIV/AIDS in ECDE center. [8 marks]
- (c) Explain the importance of observing proper hygiene and sanitation in our homes.
4. (a) Discuss the following terms as used in material and child health care services.
- (i) Pre –natal care
 - (ii) Post –natal care [6 marks]
- (b) Describe eight qualities to look for when buying a baby's clothes. [8 marks]
- (c) Explain the listed three different types of breastfeeding;
- (i) Exclusive breast feeding
 - (ii) Token breast feeding
 - (iii) Partial breast feeding [6 marks]
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